

HOT CIDER

CIDER MILL PTA PUBLICATION – December 19, 2021

Cider Mill School is a Community of Learners, ALL committed to being the best we can be.

Important Dates

Dec 23	Early Dismissal
Dec 23	Crazy Hat Day
Dec 24-31	Holiday Break
Jan 3	School resumes
Jan 4	Diversity, Equity, and Inclusion Parent Forum 7pm
Jan 6	BOE Meeting (7:00 PM)
Jan 7	Spirit Day (Wear house color and *hats*!)
Jan 11	CM PTA Meeting (9:15 – 10:15 AM)
Jan 17	Martin Luther King Jr Day – NO SCHOOL
Jan 20	BOE Meeting – (2022-23) Budget Presentation, (7:00 PM)
Jan 31	CM 4 Grade – North Chorus/Orchestra Winter Concert (7.00 PM-8.00 PM)
Feb 02	CM 4 Grade – South Chorus/Orchestra Winter Concert (7.00 PM-8.00PM)
Feb 02	World Read Aloud Day

From The PTA President

Dear Cider Mill Parents and Guardians,

I hope you all are enjoying the holiday season! While this still remains a different year than most, I am so happy that many of our traditions are once again back.

On December 21st, the CM PTA is bringing some winter cheer to all of our classes! Administration, office staff, and parent volunteers will distribute hot chocolate and a peppermint treat to each of our classes, all purchased by the CM PTA! If you do not want your child to drink the hot chocolate (and/or eat the peppermint stick), please let your classroom teacher know that you would like your child to “opt out.” Ingredients and allergy information may be found here: <https://docs.google.com/document/d/1jkjZLCCSRZTwbSDReTAZS4jLiXXfsO34w7oZ2D4FrPk/edit>

Also remember that on December 21st, as part of the Giving Tree program, the school is participating in Connecticut’s fundraiser for Kids with Cancer. If your child would like to wear PJs to school, please make a donation directly to the website - teachers will not collect cash! Please help the school to surpass their \$500 goal! Here is the direct link to the Cider Mill Connecticut Children’s Fundraiser: <https://give.connecticutchildrens.org/fundraiser/3623880>

Finally, please mark your calendars for our next PTA meeting on Tuesday, January 11th!

As always, thank you for your continued support of our PTA. Please reach out if you have any questions or comments to MichelleAKrupa@gmail.com.

Happy Holidays and all the best in the New Year!

Michelle Krupa
CM PTA President

School News

HOT CIDER - REFLECTIONS

It's the most wonderful time of the year... the time to cozy up and create meaningful artwork! **The 2021-2022 PTA Reflections Contest is underway!** This year the PTA challenges students to imagine how they can impact our larger environment through the following theme: **"I Will Change the World By..."**

What are your child's artistic talents and passions? There are so many arts categories to choose from: * Dance Choreography * Film Production * Literature * Music Composition * *Photography * Visual Arts * Special Artist *

Click here for general program rules:

https://2d0fa545-1cfe-49b7-8488-be4dfd0fbe8c.filesusr.com/ugd/660af5_be605b68057247e4808e4eaf52992ef5.pdf

The deadline for finished work will be **10 pm, Sunday, January 9th, 2022**. Get working now and submit early if you can!

Submissions will be electronic again this year- through DropBox. Create an account at DropBox.com if you don't already have one. **Email all entries via DropBox to: reflectionscidermill@gmail.com.** **CONFIRM all entries with the same email address!**

If you have any questions, please reach out to **Anastasia Valassis: reflectionscidermill@gmail.com**. Our PTA webpage is forthcoming!

Wilton Special Education PTA

We invite you to learn about our current initiatives, gifts, and grants program and more! **Please access our membership through our website. www.wiltonsepta.org.** Contact us directly at wiltonsepta@gmail.com if you are interested in getting involved and like our Facebook page to stay up to date with the latest news and information.

We need help on our Community and Family Events Committee, including help for our April 2022 Diversity and Inclusion Awareness and Be Kind Campaign.

RULER WEBINAR

RULER: Recognizing, Understanding, Labeling, Expressing, & Regulating Emotions

Webinar Recording Now Available!

Visit: <https://www.wiltonyouth.org/past-webinars>

In this webinar Wilton Public Schools staff educate parents about RULER, a program of evidence-based tools and social-emotional learning practices from the Yale Center for Emotional Intelligence. Teachers across the district have been trained in these practices and RULER tools are already being used with students in grades K-5 to help students recognize and regulate emotions. Implementation at the secondary level is in progress.

What is RULER?

RULER is an evidenced based approach to social and emotional learning (SEL) that supports the entire school community in:

- Understanding the value of emotions
- Building the skills of emotional intelligence
- Creating and maintaining a positive school climate

In this webinar, you will learn about the four core tools and how we can implement these tools at home:

- Building a family charter
- Mood Meter - emotion vocabulary
- Meta Moment for emotion regulation
- Blueprint for problem solving

Who are the presenters?

- Elena White, Miller-Driscoll School Counselor
- Jennifer Ringelheim, Cider Mill 3rd Grade Teacher, Co-Chair District SEL Committee

Find the recording, slides, and links to associated materials at Visit: <https://www.wiltonyouth.org/past-webinars>

SPIRIT WEAR

[Spiritwear | cidermillpta](#)

Wear your house color and support your PTA at the same time. House shirts are used for Spirit days, Walkathon, field days and more. Get one before they sell out. Please remember to include your child's name and teacher at checkout. Shirts will be delivered to the classroom on a weekly basis.

Watch out for a one-day pop up sale coming soon. We will have Cider Mill sweaters and other items for pre purchase.

BoxTops for Education

Help raise money for Cider Mill PTA simply by scanning your receipt on your phone.

3 easy steps to get started

1. Download the "Box Top\$ for Education" app on your phone.
2. Sign up using your email or Google or Facebook account.
3. Simply snap a photo of your receipt within 14 days of purchase.

Online shopping or Curbside Pick-up? Just forward your receipt to receipts@boxtops4education.com

Have a question? Please reach out to Allison Norful via email: anorful@gmail.com

ACCESS CIDER MILL HANDBOOK HERE

[CM School Handbook Quick Fact Sheet 2021-22.pdf](#)

LUNCH MONITORS NEEDED

We are sending out a HUGE plea to all family members interested in becoming a recess/lunch monitor. The hours are 10:30-1:30daily. We would greatly appreciate the support as we are currently 4 monitors short to start the year. If you have interest or questions, please email Jeremy Cross at crossj@wiltonps.org.

Community News

WILTON HIGH SCHOOL CLUB: Team STEAM

Do you have a child who is interested in STEM and/or Arts?! Check this out from our very own Wilton HS Club called Team STEAM!

We (Team STEAM) are a group of Wilton high school students who want to help bring STEAM (STEM +Art) education to young kids (aged 6-10 years). In partnership with a local startup called 3DuxDesign, our program will teach little engineers the basics of the engineering design process in a fun, creative, and hands-on manner! The program is free, and the other is a \$20 cost which includes an engineering kit. We also accept donations of \$20 which will go to fund a kit and 4 classes for an underprivileged child who cannot afford to pay.

(Note: All payments go towards purchasing kits for children and all high schoolers participating are volunteers)

Team STEAM's mission is to work with young minds and cultivate their passion for engineering and artistic thinking.

* To Sign Up: <https://forms.gle/MB1h3GRmcGMX13z18>

*To Buy a Kit: https://www.3duxdesign.com/products/steam-club-maker-kit?fbclid=IwAR1xAfwH14JEz9UwjsF03MbPnrFyawOK9X9sLwAe1YpB_goRqiYHfTluYis.

Please contact Keerthi Vijay at 23vijayk@wiltonps.org with any questions!

WILTON YOUTH COUNCIL

This fall, we hope you will join Wilton Youth Council for one of our great presentations and events. Each of these is a chance to learn a new skill, find a fresh perspective, or connect with others in similar circumstances. Get all the details at www.wiltonyouth.org and text WILTONYOUTH to 22828 to join our newsletter.

IMPROVE YOUR ACADEMICS

All Cider Mill students can receive tutoring at no cost. All tutors are fellow Wilton High School students. Please fill out this form if you need help in any subject: <https://forms.gle/AANcPbVgE878zpNs8>

For more information, please visit <https://youracademics.org/>

NAMI-CAN WILTON

The COVID pandemic has caused unprecedented stress in our society and many children's behaviors have been triggered as a result. What was manageable pre-Covid is now out of control. Find support for you, as you support your child who is struggling.

The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a Support Group for parents of children with behavioral, emotional, and mental health issues. The meeting is free, confidential, safe, and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently.

Our meetings are held virtually over zoom and for security, you must contact Beth or Vanessa for the password. For more information contact: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa at 203-970-4130 or eliasvanessa5@gmail.com

[Submit News to Hot Cider](#)

Anu Suri at anusuri2022@gmail.com

Melissa Reynolds at giddingsmelissa@hotmail.com

Deadline for submission for the next issue of Hot Cider is December 29, 2021. The next issue of Hot Cider will be published on January 2, 2022

Content may be edited at the discretion of editors. In an effort to keep Hot Cider timely and concise, your article may be published only twice.