

# HOT CIDER

CIDER MILL PTA PUBLICATION – March 28, 2021

Cider Mill School is a Community of Learners, ALL committed to being the best we can be.

## Important Dates

<b>Mar 29</b>	Day 1
<b>Mar 26</b>	Zero Waste Week ~ Wear Green Day!
<b>Apr 2</b>	NO SCHOOL (Good Friday)
<b>Apr 5-9</b>	NO SCHOOL (Spring Recess)
<b>May 31</b>	NO SCHOOL (Memorial Day)

## From The PTA President

To Cider Mill Parents and Guardians:

On Thursday, March 18th the CM PTA sponsored Tim Hannig's Virtual Pro-Kids Family Show. Students experienced an interactive virtual assembly in their classroom during the day, and family show in evening. Cider Mill broke the record with over 3,700 comments during the show! We hope everyone enjoyed it, and a huge thank you to Ms. Rome for letting us know about this assembly, Dr. Falcone and Ms. Bird for all of their help to make it happen!

On Tuesday, March 16th the CM PTA Hospitality Committee was so excited to host a winter warm up event with Bumble & Brew in the bus loop for our amazing teachers and staff. They were treated to coffee, tea, espresso drinks and sweet treats! A big thank you to Sabeth Albert for organizing, and making it so special!

The CM PTA has been working with Ms. Bird and the Art Department to roll out the Kindness Rock Program. Students will be painting rocks after break during art class. Once the rocks are painted the student will have an opportunity to do an act of kindness with their rocks. More information will be shared by the art department soon. Be on the lookout for more information on this great program!

A reminder that Thursday, April 1st is "Dress Like a Bee" day! Dress your child like a Bee to encourage kindness and inclusion. You can enter your child in the "Bee Kind" drawing by submitting a picture of your student dressed like a Bee to [wiltonSEPTA@gmail.com](mailto:wiltonSEPTA@gmail.com). Please be sure to include your child's name, grade, and teacher, as well as his or her thoughts on what it means to "Bee Kind"! Submissions are due by 6pm on April 5th. You can use the following link if you would like to purchase a "Bee Kind" face mask. <https://wilton-septabekindmasksales.square.site/>

The PTA is beginning to look towards next year. Many of our Executive Board Members and Committee Chairs will be leaving CM in the Fall, which requires us to fill many open positions. A few of these positions include Co-President, Fundraising, Parent at Large and Hospitality. If you would like to volunteer or would like to hear more about the open positions, please contact Meghan Russo, President at [meghan.russo13@gmail.com](mailto:meghan.russo13@gmail.com), Amanda Patania, Nominating Chair [amanda\\_Patania@yahoo.com](mailto:amanda_Patania@yahoo.com) and/or Alex Frisbee, Nominating Chair [alex.frisbee.pta@gmail.com](mailto:alex.frisbee.pta@gmail.com)

Please join us for our next PTA meeting on Tuesday, April 13th at 10am via Zoom.

I hope everyone has a great break, and thank you for your continued support!  
Please reach out if you have any questions or comments at  
[meghan.russo13@gmail.com](mailto:meghan.russo13@gmail.com).

Meghan Russo  
CM PTA President

## School News

### **COMING SOON!** *Cider Mill PTA Trivia Night Fundraiser*

On Friday, April 16th at 7:00 pm, join us for a fun night of trivia hosted by local company Rock, Paper, Scissors Events. A fun night for the whole family, while supporting your PTA.

Details for buying tickets will be sent next week, limited tickets so be quick!

### **BREAKING FREE OF CHILD ANXIETY AND OCD.**

Webinar, Tuesday, March 30, 10:00 - 11:00 AM

Book Club: Focus on K - 5th grade, Monday, April 19, 10:00 - 11:30 AM

Book Club: Focus on 6th - 12th grade, Thursday, April 22, 10:00 - 11:30 AM

More information and registration at [www.wiltonyouth.org/events](http://www.wiltonyouth.org/events)

Anxiety disorders are the most common mental health problems in children and adolescents. **Breaking Free of Child Anxiety and OCD: A Scientifically Proven Program for Parents** by **Eli R. Lebowitz, PhD** is the first and only book to provide a completely parent-based treatment program for child and adolescent anxiety. Parents learn how to alleviate their children's anxiety by changing the way they respond to their children's behavior. Instead, parents are shown how to replace their own accommodating behaviors (which allow anxiety to flourish) with supportive responses that demonstrate both acceptance of children's difficulties and confidence in their ability to cope. From understanding child anxiety and OCD, to learning how to talk with an anxious child, to avoiding common traps and pitfalls (such as being overly protective or demanding), to identifying the ways in which parents have been enabling a child's anxious behaviors, this book is full of detailed guidance and practical suggestions.

Join a Zoom webinar with Dr. Lebowitz to discuss his groundbreaking book. Wilton residents are invited to join a follow up book discussion in April. It is not required to read the book beforehand to participate.

These events are being offered by Wilton Public Schools, Wilton Youth Council, SPED\*NET Wilton and Wilton SEPTA.

The Webinar is open to the public. Book Club participation is limited to Wilton residents.

### **5th GRADE YEARBOOK PLACEHOLDER**

Our 5th Grade Yearbook PTA Committee Chairs, Jen Carvajal and Dana Quick, are working diligently on the children's' 5th grade yearbook and need your help...

Could you please share pics from your child's first day of school, virtual or in person, Halloween, School sports, Theatre, Spirit Day etc. Please only 3-4 school centric pictures with their name and house. You can upload photos directly to the Shutterfly account (link below) or email pictures directly to [danaisquick@yahoo.com](mailto:danaisquick@yahoo.com) or [jencarv@hotmail.com](mailto:jencarv@hotmail.com). The link for Shutterfly is <https://cidermill5thgradeyearbook2021.shutterfly.com/>. The site password is yearbook. In order to upload pics, you'll then need to create a Shutterfly account if you don't already have one. Once you access the account, you'll see folders for specific activities and events, please upload pics under the appropriate folder. Thank you so much for your help in making our very memorable year even more memorable for our kids.

### **RECESS AIDE OPPURTUNITY**

If you are interested in being a hired aide Mon/Tues/Thurs/Fri from 10.30=1.30 you can apply at :

<https://www.wiltonps.org/departments/human-resources> and please contact Lauren Catalano directly at [catalanol@wiltonps.org](mailto:catalanol@wiltonps.org). The children will not be wearing masks outside; therefore, you must be comfortable with this scenario and participate in helping the children remain physically distant. Aides will lead the children in physically distant games while also supervising chat circles and walks. We know there is a lot to think through and make sense of. If your schedule allows for it, please consider taking on this role. If you know someone who would fit the role of a recess aide, please share this note and encourage them apply and contact Lauren as soon as possible.

<https://www.wiltonps.org/departments/human-resources>

## **WILTON PUBLIC SCHOOLS ~ OPEN POSITIONS**

The Wilton Public Schools "For a Better World" are seeking recent college graduates, college students, retirees, career-changers, and those interested in giving back to their community to join a dynamic, engaging, and inspirational team of staff and students. A number of flexible positions are available, including substitutes, lunch-recess monitors, certified teachers, long-term substitutes, and paraprofessionals. Help shape the lives of our future leaders! To learn more and/or apply, please visit our website at: <https://www.wiltonps.org/departments/human-resources> or contact Human Resources Coordinator Erika Cross at [crosse@wiltonps.org](mailto:crosse@wiltonps.org).

## **Ongoing School News**

### **IMPROVE YOUR ACADEMICS!**

All Cider Mill students can receive tutoring at no cost. All tutors are Wilton High School students. Please fill out this form if you need help in any subject: <https://docs.google.com/forms/d/e/1FAIpQLSfBFFyrppvQ7z7wMCub3j3oQGmwM7m0DVbgqRvBB0cVloK6xQ/viewform>

For more information, please visit <https://youracademics.org/>

### **FIND US ON FACEBOOK**

The PTA has a group on Facebook called Cider Mill Parent Community. It is a place where the PTA can communicate to parents, and also where parents can communicate with one another. Please check it out by clicking here: [Cider Mill Parent Community](#).

### **STOP AND SHOP REWARDS PROGRAM**

CIDER MILL SCHOOL (ID#: 40341) has the opportunity to participate and earn CASH from A+ School Rewards, a great fundraising program run through our local Stop & Shop!

To participate: Visit <http://www.stopandshop.com/aplus> and scroll down to the center of the page to select REGISTER YOUR CARD from the red box on the right marked FOR CUSTOMERS

To earn points:

- Use your registered Stop & Shop Card each time you shop at Stop & Shop, and you will earn CASH for our school. You can track the number of points you are earning for our school by checking your grocery receipt.
- At the end of each month, your points are calculated and converted to CASH rewards for our school. These CASH rewards are updated monthly on the Giant A+ website beginning in November.
- After the last day of the 2019-2020 program, these same conversions are performed and the final school account total is posted.
- Our school will receive one CASH awards check at the end of the program and can use this cash for any of our educational needs.

### **BOX TOPS HAVE GONE DIGITAL!**

No more clipping Box Tops! Traditional Box Tops clips are being phased out of production. The NEW and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to our school's earnings online.

#### **3 easy steps...**

1. Download the "Box Top\$ for Education" app on your phone.
2. Sign up using your email or Google or Facebook account.
3. Simply snap a photo of your receipt within 14 days of purchase.

Have a question? Please reach out to Allison Norful via email: [anorful@gmail.com](mailto:anorful@gmail.com)

### **ZERO WASTE SCHOOLS**

With the start of school, we'd also like to send a Zero Waste quick refresher for all, it's YES to using reusable containers, bags, silverware, and ice packs; purchasing bulk snacks to sort into reusable containers, packing realistic portions and taking home uneaten food (or compost!) It's AVOID disposable paper or plastic bags; Individually-packaged snacks; non-reusable food wrap; disposable ice packs, utensils, or drink containers (juice boxes or pouches); and plastic straws.

## Community News

### Wilton Youth Field Hockey

Wilton Youth Field Hockey is excited to announce our upcoming Spring Clinics for new and experienced players in grades K-8. Clinics will take place on Sunday evenings beginning April 11 from 5-6pm for grades K-4 and 6-7:30pm for grades 5-8. For full details and to register please visit <http://www.wyfh.net/Page.asp?n=65547&org=wyfh.net>

### Wilton Soccer Association (WSA) ~ Spring Opportunities 2021 - Registration is Open Intramural, Travel/Development Travel, TOP Soccer, Junior Ref, Volunteers

We believe strongly in a healthy and welcoming community and competitive soccer program that provides opportunities for everyone, from kids just starting out no matter their age, to more experienced players. WSA's mission is to positively contribute to the growth of children and our community by reinforcing values such as sportsmanship, teamwork, integrity and respect for others through a range of fun and high quality soccer experiences. WSA is non-profit 501(c)(3) organization and part of the Wilton community for 40+ years. #onetownoneteam

Information: [LINK](#)

Registration: <https://www.wiltonsoccer.com/Default.aspx?tabid=744259>

Questions: [info@wiltonsoccer.info](mailto:info@wiltonsoccer.info)

### Lend a helping hand to The Turnover Shop!

Did you know that our most generous donor is a local nonprofit - The Turnover Shop?

They have provided long-standing support for our PTA's and other local organizations. Operating costs have increased during covid and they were shut down for several months. They need our help more than ever. **Please help those that helped us!**

**Volunteer:** Regular commitment of one or two WEEKDAY am (10-1) or afternoon (1-4) shifts a month (Ex. Third Friday a, of every month).

**Donate:** Items and Clothing.

**Shop:** Its hidden treasures.

**Spread the word:** About this fabulous wilton treasure!

### WILTON SEPTA ( SPECIAL EDUCATION PTA)

Join us! Support our families, students and staff! Open positions for next year include President, Secretary and Committee Chairs!

We are excited to present new programs coming early this Spring 2021: (details to follow)

For students:

[Sensory Integration Art Experience Classes](#), free for SEPTA member families

[Social Hangouts](#), Cooperative Play Groups, Facilitated by trained BCBA's from the Hangout Spot, free for SEPTA member families

April's Diversity and Inclusion Awareness Month Committee needs Volunteers!

Join us to find out more: Two ways to Join here! Mobile App to join all PTA's and Paypal link to join SEPTA only <https://www.wiltonsepta.org/projecto-5>

### NAMI-CAN WILTON

The COVID pandemic has caused unprecedented stress in our society and many children's behaviors have been triggered as a result. What was manageable pre-Covid is now out of control. Find support for you, as you support your child who is struggling. The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a Support Group for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a

place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Our meetings are held virtually over zoom and for security, you must contact Beth or Vanessa for the password. For more information contact: Beth at 203-984-0123 or [beth44es@gmail.com](mailto:beth44es@gmail.com) OR Vanessa at 203-970-4130 or [eliasvanessa5@gmail.com](mailto:eliasvanessa5@gmail.com)

### **Submit News to Hot Cider**

Clarissa Cannavino at [clarissacannavino@yahoo.com](mailto:clarissacannavino@yahoo.com)

Anu Suri at [anusuri2022@gmail.com](mailto:anusuri2022@gmail.com)

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*Content may be edited at the discretion of editors. In an effort to keep Hot Cider timely and concise, your article may be published only twice.*