

Hot Cider A Cider Mill PTA Publication April 19, 2015

Important Dates

Apr. 20	Day 5
Apr. 20	5 th Grade Invention Convention, 9:30-10:30am Belden Hill/Cannondale, 1:05-2:00pm Nod Hill/Kent, Gym
May 4-8	Teacher Appreciation Week, Details to Follow
May 11	5 th Grade Parent Orientation – 7pm, Middlebrook
May 12	PTA Meeting, 9:15am, Cafeteria
May 12	4 th Grade Chorus/Orchestra North Concert – 7pm, Gym
May 14	4 th Grade Chorus/Orchestra South Concert – 7pm, Gym
May 18	Tech Expo, 5:30-7pm, Wilton High School Little Theater
May 19	5 th Grade Chorus/CM Singers/Orchestra/Advanced Strings – 7pm, Gym
May 21	5 th Grade Band Concert – 7pm, Gym
May 25	NO SCHOOL (Memorial Day)
May 27	3 rd Grade Strings Combined Concert – 7pm, Gym

Important Phone Numbers

Cider Mill Main Office: 203-762-3351
Report an Absence: 203-834-4950 or kellym@wilton.k12.ct.us
Bus Transportation: 203-762-3381
Chartwells: 203-834-4990 x5221

School News

Your PTA Needs You!

Fun Nights, Field Days, Junior Great Books, Book Fairs, School Supplies, 5th Grade Yearbook, 5th Grade Fashion Show, Library Volunteers, Room Reps, School Store, River Study Volunteers, Gifts and Grants for Teachers, School Photos, Turkey Trot, Walkathon, 5th Grade Inventions Convention, School Handbook the list goes on. All of these things (including Hot Cider!) are brought to you and your children by the dedicated and hard working volunteers that make up our PTA board. However, many of them are moving up to Middlebrook at the end of this academic year and we need new volunteers to take their places.

Being a part of the PTA board is a great way to gain insight into the workings of the school, and to get into the school to see the students, while helping to enrich their educational experiences and assist staff and faculty members, all at the same time. If you are interested in joining the board, please email Sarah Beach (sarah.beach@tinybluefish.com) or Nicola Davies (nicoladavies@outlook.com) to discuss which role may suit you. Many thanks!

News from Guidance

With standardized tests coming up, here are some helpful tips to help your child feel more relaxed.

- If your child is stressed about a test, have them do something they love to do to help get their mind off of it. They can read, draw, play a game, play a sport, watch a funny movie or tv show, or play on the computer.
- Your child can practice taking slow, deep breaths with their eyes closed or can tense their body (by doing chair pushups or clenching and unclenching their fists) to release the stress in their body.
- Remind your child to read the directions, take their time, read all of the answers before making a decision, eliminate the nonsense answers, check over their test when completed, and celebrate with your child when the testing is complete!

Please email Counselor Dawn Randall at Randalld@wilton.k12.ct.us with any questions.

Moving?

If your child will be leaving the District at the end of the school year please contact Debbie Cowic at cowicd@wilton.k12.ct.us to fill out a withdrawal form.

Ongoing Cider Mill News

Be Ready for Field Day! SpiritWear for Sale

All students are encouraged to wear their House t-shirts at Field Days. Be prepared by buying your shirt now. Please plan ahead - we currently have full stock on hand, but if we sell out of an item, it will take up to six weeks for your order to be fulfilled. The order form can be found

at http://www.cidermillschool.org/pages/Cider_Mill_School/7518483491238890706/Cider_Mill_PTA/Spiritwear. We also still have a limited amount of vintage Cider Mill Spiritwear - Gray Heather Hoodies (YXL) and Pink Hoodies (YXL). All items \$10. See photo [here](#), or view it under "Spiritwear" in PTA section of Edline. Contact Jamie Lee at jamiehodgeslee@yahoo.com with any questions.

Cider Mill PTA Membership

SUPPORT THE PTA AND ALL THE ACTIVITIES THEY PROVIDE BY BECOMING A MEMBER TODAY! Visiting Author Days, Field Days, Fun Nights, the Book Fair, 5th Grade Yearbook, and Grants to teachers and the school are just a few of the programs that your membership dollars support. In order for the Cider Mill PTA to continue its efforts to provide support to the school and its programs, WE NEED YOUR MEMBERSHIP NOW! Please click [here](#) for the membership form, or go to Edline under "PTA," then "Join the PTA!"

Community News

Wilton School District TechNext: Tech Expo 6.0 Rebooted, Monday May 18, 5:30-7:30pm, Wilton High School Little Theater

We are in the process of moving TechExpo to a new format based on the TED conference. Instead of wandering around a school, trying to find and see the cool ways that Wilton Public Schools students use technology at school and at home, you get to sit in a comfortable chair and we bring the technology to you! If you are unaware of the TED format, click here <http://tinyurl.com/TechExpo6> for some links to some of the shorter TED Talks to get you started.

We want to encourage students to show the type of technology that they use during their free time at home, or the technology they use to help them learn more effectively. You can create a video, present live on stage alone, or with a team, or present your innovation at a booth during the intermission. Presentations will be limited to either 5 or 10 minutes.

To register to present your technology at TechNext, go here to fill out the application:

http://www.wilton.k12.ct.us/pages/Wilton_School_District/Surveys/TechNext_Presenter_RegForm

Wilton Youth Council/Parent Connection ~ Dr. Robert Brooks to speak on Raising Resilient Children and Adolescents

Did you know that resiliency can be learned? And that parents and other adults can promote resiliency in children? Dr. Robert Brooks will be in Wilton and Weston to discuss factors that help children and adolescents deal effectively with stress and pressure and become resilient. He will discuss the importance of empathy in understanding and responding to children, why some children have a more difficult time developing a positive self-image and specific strategies for nurturing responsibility, caring and resilience in our children. Dr. Brooks is a psychologist and a leading speaker and author on the themes of resilience, motivation, school climate, positive work environment and family relationships.

There will be two opportunities to hear Dr. Brooks' talk on resiliency, Monday April 27 at 11:30am-12:30pm at Weston Public Library or 7-8:30pm at Wilton High School Little Theatre. This is a free program for parents, professionals and other interested adults. Registration is not required. Sponsored by the Wilton Youth Council, Wilton Youth Services, Weston Youth Services and Silver Hill Hospital. For more information, call Wilton Youth Services (203) 834-6241 or Weston Youth Services (203) 222-2585.

Start Your Garden and Support The Wilton High School Organic Garden's ANNUAL Plant Sale ~ Saturday, May 2nd

Saturday May 2nd, at Wilton High School Greenhouse, 9am-3pm (or until plants sell out)

The following will be for sale: heirloom tomatoes (All kinds: slicing, cherry, grape, sauce tomatoes and all colors), peppers, eggplant, herbs and kale. All plants are organic and non-GMO. Plants will range in cost from \$3.00 to \$5.00 per plant. The Greenhouse is located on the corner of Catalpa Road and the front drive of the High School.

Wilton Historical Society ~ Children Activities

Starting in April, the Wilton Historical Society will be introducing some new children's activities: a photo scavenger hunt (suitable for children ages 4-8) and an activity booklet (suitable for children ages 8-12). These were developed by a Wilton High School Senior as part of a Girl Scout Gold Award.

Wilton Community Activities

For information about community organizations who offer activities for students, please click this link: <http://www.wiltonpta.org/CommunityLinks.html>.

Submit News to Hot Cider

Please email school news to Andrea Bates at connbates@gmail.com, Clarissa Cannavino at clarissacannavino@yahoo.com and Lisa Smith at mlsmith2@optonline.net. For submission deadlines, publication dates, and past issues, please click this link: http://www.cidermillschool.org/pages/Cider_Mill_School/7518483491238890706/Cider_Mill_PTA/Hot_Cider_Current_Issues.

Content may be edited at the discretion of the Hot Cider staff. In an effort to keep Hot Cider timely and concise, your article may be published only twice. Please consider publication dates carefully. Your understanding is appreciated. The next issue of Hot Cider will be published May 3, 2015. The deadline for submissions is April 28, 2015.