

# HOT CIDER

CIDER MILL PTA PUBLICATION - February 11, 2018

*Cider Mill School is a Community of Learners, ALL committed to being the best we can be.*

## Important Dates

<b>Feb 12</b>	Day 6
<b>Feb 12</b>	5th Grade Band Performance, Gym, 7-8pm
<b>Feb 13</b>	PTA Meeting, Cafeteria, 9.15am
<b>Feb 16</b>	NO SCHOOL (February Recess)
<b>Feb 17</b>	Reading Rocks Reading Period Ends
<b>Feb 19</b>	NO SCHOOL (Presidents' Day)
<b>Feb 21</b>	3rd Grade South Strings Performance, 1:20pm
<b>Feb 22</b>	3rd Grade North Strings Performance, 1:20pm
<b>Feb 26</b>	Math Info Night for Parents of 5th Graders (going into 6th), Middlebrook School, 7-8pm
<b>Mar 8</b>	Inclusion Awareness Month ~ Wear All House Colors Day
<b>Mar 9</b>	Are You Smarter Than a 5th Grader? Show, Clune Theater (WHS), 6-9pm
<b>Mar 10</b>	5th Grade Fun Night, Wilton YMCA, 8-10pm, Check-in Starts at 7:30pm
<b>Mar 13</b>	PTA Meeting, Cafeteria, 9:15am
<b>Mar 20</b>	CM PTA Hospitality - Soup & Salad Staff Event
<b>Mar 21</b>	CM Pizza and Paint Night
<b>Mar 30</b>	NO SCHOOL (Good Friday)

## Important Phone Numbers

Cider Mill Main Office: 203-762-3351  
Report an Absence: 203-834-4950 or [fallonk@wiltonps.org](mailto:fallonk@wiltonps.org)  
Bus Transportation: 203-762-3381  
Chartwells: 203-834-4990 x5221

## From The PTA Presidents

Dear Parents, Guardians and Caregivers,

On February 1st our Hospitality team hosted a wonderful breakfast for our hard working bus drivers. The spread looked amazing, and was well received. Thanks to Sharon Prather and Kara Berghaus for putting this together.

Fourth grade had a fantastic Fun Night, lots of activities and happy kids! Many thanks to Gretchen Jeanes and Aimee McDonald for taking on the organizing and the fabulous volunteers on the night.

Our next PTA meeting is February 13th at 9:15 in the Cafeteria. Please come and join us, there are a couple of items to vote on for gifts and grants and any input from our members is appreciated.

Thank you for everything you do.

Amanda Patania and Annemarie Aronowitz  
PTA Co-Presidents

## School News

### **5th Grade Fun Night ~ March 10th at the Wilton YMCA, 8-10pm, Check-in Begins at 7:30pm, \$10/Student**

The much anticipated fun night is shortly upon us! Unlike past fun nights for previous grades, this night is a night for 5th graders to hang out with their friends while having the freedom to explore different activities such as a photo booth, a dance party hosted by a DJ, swimming, airbrush tattoo artists, a magician, and some sports activities!

Registration forms have been put in teacher mailboxes and should be arriving home shortly if you have not already received them. Forms can also be found on the Cider Mill PTA website [www.cidermillpta.org](http://www.cidermillpta.org) Pre-registration is required!

We are also looking for some awesome volunteers (moms and dads!) to help make this night a successful one! Please use the link below to sign-up for one of many activities we have planned. As you can see, we have 2 time slots for each area. You can come for half the night or stay for the entire night- up to you! And you can sign up for different areas! Grab a couple friends and sign up together! <http://signup.com/go/DvieBCh>

### **Pizza & Paint Night ~ March 21st**

The CM PTA is proud to sponsor its 2nd Pizza and Paint Night (forms were emailed home in January). Parents and students are invited to create a painting on canvas while enjoying delicious pizza. This event will take place in the CM cafeteria on Wednesday, March 21st, from 6:00-8:00 p.m. Cost is \$20 per person. Form and payment due February 23rd. Please contact Carol Faherty at [carolmfaherty@gmail.com](mailto:carolmfaherty@gmail.com) for any questions.

## **Ongoing School News**

### **Join The PTA**

Please join the Cider Mill PTA! Over 300 families and teachers have joined the PTA so far this year. Thank you for your support! And, while we would love for you to get involved, you do not have to volunteer! Your membership and donation dollars fund valuable programs at Cider Mill, including: Visiting Author, 5th Grade Year Book, Field Days, Student Enrichment Programs, Fun Nights, Teacher & Staff Appreciation, Gifts and Grants, Hospitality, Book Fair, Reflections, and many more.

PLUS, when you join the PTA, you gain instant access to our online directory!

Visit <https://mobilearq.com/schooldirectory/>, choose parent or teacher registration, enter your email, name and the code "wilton" to join, pay your membership dues and make a supporting donation, if you're feeling generous! (Please add [support@mobilearq.com](mailto:support@mobilearq.com) to your address book to ensure delivery of the confirmation email with temporary auto-login link).

### **Find Us on Facebook!**

The PTA has a group on Facebook called Cider Mill Parent Community. It is a place where the PTA can communicate to parents, and also where parents can communicate with one another. Please check it out by clicking here: [Cider Mill Parent Community](#)

### **Lost and Found ~ Bus Depot**

Please visit <http://wiltonslostproperty.blogspot.com/> to view lost property found on the school buses.

### **Lost and Found ~ Cider Mill**

There are two L&F locations in Cider Mill. One is at the doorway where you go to the playground, on the high school side (Cannondale). The other is by the front door on the far side of the bus loop (Kent). You or your child can check these locations for lost items. At the end of each season, the unclaimed items are donated to the Turnover Shop with proceeds going to the Cider Mill PTA. Contact Amanda Mitchell with questions, at [amandaNmittchell@gmail.com](mailto:amandaNmittchell@gmail.com).

### **Box Tops**

Collect box tops to help Cider Mill raise money! Be sure to collect your box tops and submit them to your class teacher. Visit <http://www.boxtops4education.com/> to learn more about the program. Contact Box Top Chair, Heather Mroz at [heathermm@optonline.net](mailto:heathermm@optonline.net) if you have any questions.

### **Volunteer at the Cider Mill Library Learning Commons!**

The Cider Mill Library is in need of volunteers to help fill in vacancies in our volunteer schedule. The shifts are an hour and a half every other week or weekly. The volunteers are very valuable to keep the library functioning smoothly by check out books to students. If you are interested in volunteering, Please contact Jen Fila at [jennfila5@gmail.com](mailto:jennfila5@gmail.com) or Jackie Couch at [jackie.couch13@gmail.com](mailto:jackie.couch13@gmail.com) for more information.

## **Community News**

**How to Raise an Adult: Break Free of the Overprinting Trap and Prepare your Kid for Success**  
**BOOK DISCUSSION - Wednesday, February 28, 2018**  
**10:00 - 11:30 a.m. OR 7:00 – 8:30 p.m.**

## **Wilton Library, Rimer Room**

Registration required - Registration is now open - [www.wiltonlibrary.org](http://www.wiltonlibrary.org) or 203-762-6334.  
Minimum 15 registrants required for each session.  
Appropriate for Parents of Children of all ages.

Ellen Brezovsky, LCSW, of Silver Hill Hospital will facilitate a book discussion. In *How to Raise an Adult*, Julie Lythcott-Haims draws on research, on conversations with admissions officers, educators, and employers, and on her own insights as a mother and as a student dean to highlight the ways in which over-parenting harms children, their stressed-out parents, and society at large. Lythcott-Haims offers practical alternative strategies that underline the importance of allowing children to make their own mistakes and develop the resilience, resourcefulness, and inner determination necessary for success.

Wilton Youth Council promotes and protects the social, emotional and mental well-being of Wilton's students by educating and empowering youth, parents and the community. Find us on FB or visit [www.wiltonyouth.org](http://www.wiltonyouth.org) for more

information and to sign up for our monthly newsletter.

Wilton Youth Council needs you! We have many programs running and this is a great time to get involved!

Questions? Email Vanessa Elias at [eliasvanessa5@gmail.com](mailto:eliasvanessa5@gmail.com). Interested in volunteering? Email Suma Iyer at [sumapiyer@gmail.com](mailto:sumapiyer@gmail.com).

### **Privileged and Pressured: Dr. Suniya Luthar Returns to Discuss Wilton's Survey Results**

**Monday, March 5, 2018, 7-8:30 PM, Snow date: March 6 at 10:45 AM**

**Wilton High School's Clune Center, 395 Danbury Road**

Suniya Luthar, PhD, is a nationally recognized researcher, writing and speaking about the particular challenges faced by children of affluence across the country. In October 2016, when she presented to Wilton parents and concerned community members, there was an outpouring of interest in having her study students at Wilton High School. Because our district continues to seek a better understanding of factors that contribute to the well-being of its students, over 1,200 WHS students participated in a survey in November 2017.

Dr. Luthar will share her findings regarding our students' life experiences in areas such as personal values, empathy and kindness, depression and anxiety, substance use, and relationships with family and friends. She will put those results into the context of national norms to help us understand our students' current level of health and well-being.

Don't miss this unique opportunity to hear her speak in Wilton! Admission is free; registration is recommended at [WiltonSurveyResults.eventbrite.com](http://WiltonSurveyResults.eventbrite.com)

Program begins promptly 7:00 PM. Please allow extra time for parking. Please contact Genevieve Eason at [genevieve.Eason@gmail.com](mailto:genevieve.Eason@gmail.com) with questions.

Sponsored by: Wilton Public Schools, Wilton Youth Council, Wilton Youth Services, Wilton High School PTSA

### **How to Talk So Kids Will Listen and Listen So Kids Will Talk**

Due to Popular Demand - additional session added! (all other sessions full and wait list only)

Dates: April 23, 30, May 7, 14, 21, June 4th

Mondays at Comstock 10 – 11:30 a.m.

Wilton Public Schools are introducing a six-week workshop developed by the authors of the book by the same name, using lessons, role play and practice to help parents develop more effective skills for communicating with their children.

In this workshop, participants will learn how to:

- Engage your child's willing cooperation
- Deal with your child's negative feelings - frustration, disappointment, anger
- Express your anger without being hurtful
- Set firm limits and still maintain goodwill
- Use alternatives to punishment that promote self-discipline
- Encourage positive relationships between your children

- [Resolve family conflicts peacefully](#)

[Funding and training for this new program was provided through a joint initiative of the Wilton Youth Council and Wilton Woman's Club that is taking aim at the opioid crisis by focusing on early prevention of the risk factors that lead to addiction later in life. Early prevention starts with fostering communication, connection and resilience in families and in the community. Registration and questions: Wilton Youth Services 203 834-6241](#)

## Submit News to Hot Cider

### Co-Editors -

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The next issue of Hot Cider will be published February 25, 2018. Deadline for submission is February 21, 2018.

*Content may be edited at the discretion of editors. In an effort to keep Hot Cider timely and concise, your article may be published only twice.*