

HOT CIDER

CIDER MILL PTA PUBLICATION - September 3, 2018

Cider Mill School is a Community of Learners, ALL committed to being the best we can be.

Important Dates

Sept 4	Day 1
Sept 5	CM New Parent Coffee, 9:15-10:15am, Cafeteria
Sept 5	Special Ed PTA Planning Meeting, 9:15am, Zellner Gallery at the Clune Center
Sept 10	NO SCHOOL (Rosh Hashanah)
Sept 11	CM PTA Meeting, 9:15-10:30am, Cafeteria
Sept 12	Open House South (Belden Hill/Kent), 6-6:45pm, Classrooms
Sept 17	Open House North (Cannondale/Nod Hill), 6-6:45pm, Classrooms
Sept 19	NO SCHOOL (Yom Kippur)
Sept 26	Photo Day
Oct 2	CM Literacy & Math Workshop, 6:30-7:30pm, Cafeteria (Same as morning session on 10/3)
Oct 3	CM Literacy & Math Workshop, 9:15-10:15am, Cafeteria (Same as evening session on 10/2)
Oct 4	CM Walkathon - Details to Follow
Oct 8	NO SCHOOL (Columbus Day/Professional Learning Day)
Oct 9	CM PTA Meeting, 9:15-10:30am, Cafeteria
Oct 31	Halloween Parades, 8:45-10am, Bus Loop, Details to Follow

Important Phone Numbers

Cider Mill Main Office: 203-762-3351
Report an Absence: 203-834-4950 or fallonk@wiltonps.org
Bus Transportation: 203-762-3381
Chartwells: 203-834-4990 x5221

From The PTA Presidents

Dear Parents, Guardians and Caregivers,

Welcome all families, new and old, to the 2018-2019 year at Cider Mill! The PTA is excited about the upcoming year and bringing your children events like our Walkathon, Fun Nights, Bingo Night, Cider Mill's Got Talent and many more!

We love the support from our families and this can be done many ways:

1. Join the PTA via MobileArq - this gives you access to the school directory and you are supporting your school with membership.
2. Purchase Spiritwear with your child's house on a T-shirt, great for Field Day!
3. Attend monthly PTA meetings - this is the very best place to find out information and ask questions. If you are unable to attend but have a question, please email us and we'll do our best to get you an answer. Our first meeting is Tuesday, September 11th at 9:15am in the Cider Mill Cafeteria.
4. Donate to our annual Walkathon fundraiser (more information coming soon)

We encourage you to check out our website <http://www.cidermillpta.org> and the school's website <http://www.wiltonps.org> both of which have a mass of information and many answers to your questions. For more parent focused questions check out our Facebook page, Cider Mill Parent Community.

Thank you in advance for your support and do not hesitate to reach out to us with any questions or comments. Have a wonderful school year and we can't wait to meet you.

Thank you for everything you do.

Amanda Patania & Carolyn Lyon
Cider Mill PTA Co-Presidents

School News

Join the PTA ~ We Need Your Support!

Join the PTA and gain access to our Mobile Directory! Get instant access when you join – no waiting, easy updates to address or phone number changes throughout the year! Join here, and use the code - 'wilton' https://mobilearq.com/schooldirectory/school_directory_parent_register.html

Parents please update your profiles to include email and cell phone numbers! One easy spot to register for all your kids' PTAs and make a donation at the same time! Questions? Email our Directory Chair Jennifer Wulff jen@presto.org
(Please add support@mobilearq.com to your address book to ensure delivery of the confirmation email with temporary auto-login link.)

PTA Committee Chairs Needed ~ We Need You!

The PTA is still in need of chairs for the important Committees listed below.

Book Fair Chairs (desperately needed) - We currently have no Book Fair chairs for the Fall/Spring events. Do you like reading? Does your child like reading? Grab some friends and come help out so these events can run.

Nominating - Most of the work has been done for this school year. Easy position to complete from home.

3rd/4th/5th Grade Fun Nights -3rd and 4th grade fun nights are being changed this year so it's mainly co-ordinating some volunteers on the night. 5th Grade parents - your child has been looking forward to this for 2 years, we need a couple of you to help out to run this night!

3rd Grade Great Books - This is a lunchtime reading group, we need a 3rd Grade parent to help organize volunteers and take part in this program.

Turnover Shop - They donate a huge amount of money to your school's PTA (last year \$45,000). The commitment is only 3 1/2 hours, once a month.

Art Department Representative - we need a second co-chair to help organize Pizza/Paint Night and help the Art Dept in general.

Please contact Amanda Patania, amanda_patania@yahoo.com or Carolyn Lyon, carolynlyon@optonline.net if interested in any of these positions.

Cider Mill Library Learning Commons Volunteers

For returning volunteers: Please look for an email the first two weeks of the school year with information regarding training and schedule sign up.

For new volunteers: The Library Learning Commons is a school-year long commitment with weekly or bi-monthly shifts during school hours. Volunteers are necessary to keep the library running smoothly throughout the day, as we are responsible for checking out books, checking in books, shelving and other special projects throughout the year.

Interested in volunteering for Cider Mill Library Learning Commons? Please email Jen Fila at jennfila5@gmail.com or Jackie Couch at jackie.couch13@gmail.com for more information.

Cider Mill School Store

We are looking for parent volunteers to work in the Cider Mill School Store! The School Store is open during lunch on Mondays, Wednesdays, and Fridays. If you're interested in helping out, please email CiderMillSchoolStore@gmail.com to get onto our email volunteer list and to find out how to sign up for shifts throughout the school year!

Get Your CM Spiritwear

Spirit Wear (also known as House shirts) will be sold at Open House nights on September 12th and September 17th. Starting September 18th, you can purchase Spirit Wear at any time throughout the year on the Cider Mill PTA site: cidermillpta.org
Your order will be delivered to your student's class within two days.

Find Us on Facebook!

The PTA has a group on Facebook called Cider Mill Parent Community. It is a place where the PTA can communicate to parents, and also where parents can communicate with one another. Please check it out by clicking here: [Cider Mill Parent Community](#)

Stop and Shop Rewards Program

CIDER MILL SCHOOL – (ID#: 40341) has the opportunity to participate and earn CASH from A+ School Rewards, a great fundraising program run through our local Stop & Shop!

To participate:

- Visit <http://www.stopandshop.com/aplus> and scroll down to the center of the page to select REGISTER YOUR CARD from the red box on the right marked FOR CUSTOMERS

To earn points:

- Use your registered Stop & Shop Card each time you shop at Stop & Shop, and you will earn CASH for our school. You can track the number of points you are earning for our school by checking your grocery receipt.
- At the end of each month, your points are calculated and converted to CASH rewards for our school. These CASH rewards are updated monthly on the Giant A+ website beginning in November.
- After the last day of the 2018 program, these same conversions are performed and the final school account total is posted.
- Our school will receive one CASH awards check at the end of the program and can use this cash for any of our educational needs.

Zero Waste at Cider Mill ~ Parent Volunteers Needed and New Stations in Cafeteria

The Zero Waste Committee has worked this summer to further reduce waste at school.

All schools now have the following stations in their cafeterias: 1) Liquid Dumping Stations; 2) Food Donations (sealed containers and some fruit); 3) Recycling; 4) Compost; and 5) Waste. In addition to teaching kids how to separate their trash at school and at home (here are some tips on how to pack a [Waste-Free Lunch](#)), we'll encourage students to adopt eco-friendly habits including:

YES: Use reusable containers, bags, silverware, and ice packs; Bulk snacks to sort into reusable containers; Pack realistic portions; Take home any uneaten food (or donate or compost!)

NO: Avoid disposable paper or plastic bags; Individually-packaged snacks; Non-reusable food wrap; Disposable ice packs, utensils, or drink containers (juice boxes or pouches); Plastic straws.

Parent Volunteers Needed!!! We're looking for some volunteers to help out in the cafeteria during the first few weeks of school as our new students learn all about composting and recycling. Please sign up here: [Volunteer Signups](#)

For more information or to help out, contact the Cider Mill Zero Waste Committee: Elizabeth McKay - ewmckay@gmail.com Nicole Northway - nicole.northway3@gmail.com Laura Rowley - rowleylg@gmail.com

Lost and Found ~ Bus Depot

Please visit <http://wiltonslostproperty.blogspot.com/> to view lost property found on the school buses.

Lost and Found ~ Cider Mill

There are two L&F locations in Cider Mill. One is at the doorway where you go to the playground, on the high school side (Cannondale). The other is by the front door on the far side of the bus loop (Kent). You or your child can check these locations for lost items. At the end of each season, the unclaimed items are donated to the Turnover Shop with proceeds going to the Cider Mill PTA. Contact Amanda Mitchell with questions, at amandaNmittchell@gmail.com.

Box Tops

Collect box tops to help Cider Mill raise money! Be sure to collect your box tops and submit them to your class teacher. Visit <http://www.boxtops4education.com/> to learn more about the program. Contact Box Top Chair, Heather Mroz at heathermm@optonline.net if you have any questions.

PTA School Supply Sales

Once again the Cider Mill PTA ran a successful School Supply Kit campaign! Over 550 kits were ordered and delivered to classrooms! We were also able to fulfill our mission to help those in need locally by donating kits to all students in the program. A huge thank you to Amanda Patania, Beth Anne McMahan,

Nicole Northway, Amanda Van Heyst, Jodie Francis, Michelle Krupa, Jackie Couch and all of their kids for tackling the task of sorting and distributing all kits!

Parent Advisory Board will soon be a Special Education PTA

Our first meeting will be held on Wednesday September 5th beginning at 9:15 in the Zellner Gallery at the Clune Center. Please join us to work with our schools, staff, families, PTAs and administration to help grow and support our Special Education resources and programming!

Community News

Wilton Youth Council

Wilton Youth Council promotes and protects the social, emotional and mental well-being of Wilton's students by educating and empowering youth, parents and the community. Find us on FB or visit wiltonyouth.org for more information and to sign up for our monthly newsletter.

Wilton Youth Council Parent Education 2018-2019 Save these dates!

College Frenzy: How to Manage Yourself and Your Family Through the Process

October 2, 2018: 7:00 pm, Wilton High School Clune Center

Parent Coach and Clinical Psychologist *Susan Bauerfeld, PhD* and College Consultant *Victoria Hirsch* offer tips, strategies and suggestions for viewing the college process as a natural next step and for managing the process to foster connection and resilience.

Children Do Well When They Can: Identifying & Solving Problems That Cause Challenging Behaviors

October 8, 2018: 5:00 pm, Wilton High School Clune Center

Ross Greene, PhD helps parents and educators learn to identify and solve the problems that cause difficult behaviors. This presentation follows Dr. Greene's keynote addresses to all Wilton Public School faculty during their professional development day.

Teenagers - Sexting and Pornography: What Parents Need to Know

November 1, 2018: 10:30 am, Weston Library & 7:00 pm, Wilton Library

Sharon Lamb, EdD, PhD, ABPP takes a look at the why and how of youth sexting and pornography and how parents may guide our children to healthy and developmentally appropriate activity.

Medication, not Magic: Making Wise Choices about Pharmacological Interventions

November 8, 2018: 10:00 am, Wilton Library

Child psychiatrist *Kevin T. Kalikow, MD* discusses the complexities of pharmacological treatments for ADHD and co-existing conditions.

Race to Nowhere: The Dark Side of America's Achievement Culture

November 12, 2018: 10:00 am & 7:00 pm, Middlebrook Middle School Auditorium

Race to Nowhere is a call to families, educators, experts and policy makers to examine current assumptions on how to best prepare the youth of America for the 21st century.

Mindful Parenting: How to Make It Out in One Piece

January 15, 2019: 10:00 am, Wilton Library & 7:00 pm, Weston Library

Tracey Masella, LCSW provides useful information on establishing a family frame, setting reasonable and attainable expectations and goals for your children, managing anxiety, and finding a supportive group of fellow parents in your community.

Beyond Measure

February 4, 2019: 10:00 am & 7:00 pm, Middlebrook Middle School Auditorium

Beyond Measure offers a positive picture of what's possible in American education when communities decide they are ready for change.

Community Conversation

February 25, 2019: 7:00 pm, Location TBA

Join us for this follow-up to *Race to Nowhere* and *Beyond Measure* and share your ideas and concerns.

The Physiology of Addiction: Effects of Drug-Taking Behavior on the Brain

March 7, 2019: 7:00 pm, Wilton Library

Ruth Potee, MD provides an overview of how substances and addictive behaviors impact the brain and how the brain is injured by prolonged exposure to these substances and behaviors.

The Pressure to be Perfect and Its Unintended Consequences

March 20, 2019: 10:00 am, Wilton Library & 7:00 pm, Weston Library

Alicia Farrell, PhD addresses what we can do when performance is valued over character, leaving our children feeling inadequate, anxious, overwhelmed, stressed, scared and tired.

Co-sponsors include: Wilton Youth Services, Wilton Public Schools, Wilton Library, Silver Hill Hospital
Wilton's Domestic Violence Task Force, SPED*NET Wilton, Weston Youth Services, Weston Library

Wilton's Big Block Party Weekend

Wilton Youth Council (WYC) was thrilled with residents' response to the first Big Block Party Weekend. In a continued effort to strengthen neighborhood connections and create opportunity for face-to-face conversation, Wilton Youth Council's Free Play Matters Task Force is encouraging participation in the next Wilton's Big Block Party Weekend. With a theme, "Building community one block at a time," the second town-wide weekend is scheduled for Sept. 15-16, with each road or neighborhood choosing their

own day and time. There are no hard and fast rules for the events, but people are encouraged to think simple and keep it “old-fashioned.”

The initiative has a two-pronged goal. Organizers hope to connect neighbors for face-to-face interaction and also create more opportunities for free play, since families will get to know one another. The task force hopes that hearing about the success of Wilton’s first Big Block Party Weekend in June will inspire residents to get together again or take the opportunity to plan their first gathering.

Feeling inspired? Be a Block Party Captain! For more information or with questions, please email wiltonsbigblockpartyweekend@gmail.com.

NAMI - CAN

School is back in session and for many children, so is the academic and social stress that can cause behavioral changes. The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a Support Group for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Parents come from Redding, Weston, Westport, Wilton and towns in the surrounding area.

Our next meetings are Mondays September 17th and October 22nd, from 10-11:30, G&B Cultural Center, 49 New Street, Wilton. Information: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa at 203 970-4130 or eliasvanessa5@gmail.com

Submit News to Hot Cider

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Content may be edited at the discretion of editors. In an effort to keep Hot Cider timely and concise, your article may be published only twice.