

HOT CIDER
CIDER MILL PTA PUBLICATION – October 10, 2021

Cider Mill School is a Community of Learners, ALL committed to being the best we can be.

Important Dates

- Oct 25** Day 1
- Oct 29** Halloween Parades, 8:20-8:40 Cannondale and Nod Hill, 9:00-9:20 Belden Hill & Kent
- Nov 2** PD Day (No School)
- Nov 4** BOE Meeting (7:00 PM)
- Nov 5** CM Spirit Day! Wear house colors
- Nov 9** CM PTA Meeting (9.15 -10.15 am) Cafeteria
- Nov 18** BOE Meeting (7.00 PM)
- Nov 24-26** Thanksgiving Recess (No School)

From The PTA President

Dear Cider Mill Parents and Guardians,

First, I wanted to say a big thank you to the parent volunteers who came into school on a Saturday morning to help install the sensory stickers in some of our hallways! I truly appreciate their hard work and willingness to spend a weekend volunteering. And I am sure the kids will be thrilled tomorrow morning!

CM is getting ready to host its 46th Annual Jim Cook Turkey Trot! This year all students will participate during their PE classes, and as always, all funds collected will benefit Wilton families in need. Donations will go towards purchasing turkeys and other offerings for Wilton Social Services to distribute to families. Please visit <https://www.cidermillpta.org/turkeytrot2021> for more information or to donate.

Photos from our September Photo Day should be arriving home in your child's backpack! Retakes will be taken on November 17th.

Finally, don't forget that our school Halloween Parades are this Friday, October 29th on the Wilton High School Track! Cannondale and Nod Hill will be on the track from 8:20 to 8:35/8:40, and Kent and Belden Hill will be there from 9:00 to 9:15/9:20. Please have your child wear their costume to school since students will not be able to use the bathroom to change prior to the parade due to on-going needs for social distancing.

As always, thank you for your continued support of our PTA. Please reach out if you have any questions or comments to MichelleAKrupa@gmail.com.

Michelle Krupa
CM PTA President

School News

RULER WEBINAR

RULER: Recognizing, Understanding, Labeling, Expressing, & Regulating Emotions
Webinar Recording Now Available!

Visit: <https://www.wiltonyouth.org/past-webinars>

In this webinar Wilton Public Schools staff educate parents about RULER, a program of evidence-based tools and social-emotional learning practices from the Yale Center for Emotional Intelligence. Teachers across the district have been trained in these practices and RULER tools are already being used with

students in grades K-5 to help students recognize and regulate emotions. Implementation at the secondary level is in progress.

What is RULER?

RULER is an evidenced based approach to social and emotional learning (SEL) that supports the entire school community in:

- Understanding the value of emotions
- Building the skills of emotional intelligence
- Creating and maintaining a positive school climate

In this webinar, you will learn about the four core tools and how we can implement these tools at home:

- Building a family charter
- Mood Meter - emotion vocabulary
- Meta Moment for emotion regulation
- Blueprint for problem solving

Who are the presenters?

- Elena White, Miller-Driscoll School Counselor
- Jennifer Ringelheim, Cider Mill 3rd Grade Teacher, Co-Chair District SEL Committee

Find the recording, slides, and links to associated materials at Visit: <https://www.wiltonyouth.org/past-webinars>

New Cider Mill Spiritwear on sale now!

[Spiritwear | cidermillpta](#)

Wear your house color and support your PTA at the same time. House shirts are used for Spirit days, Walkathon, field days and more. Get one before they sell out.

Please remember to include your child's name and teacher at checkout. Shirts will be delivered to the classroom on a weekly basis.

Also, watch out soon for a flash one-day sale with new products.

BoxTops for Education

Help raise money for Cider Mill PTA simply by scanning your receipt on your phone.

3 easy steps to get started

1. Download the "Box Top\$ for Education" app on your phone.
2. Sign up using your email or Google or Facebook account.
3. Simply snap a photo of your receipt within 14 days of purchase.

Online shopping or Curbside Pick up? Just forward your receipt to receipts@boxtops4education.com

Have a question? Please reach out to Allison Norful via email: anorful@gmail.com

ACCESS CIDER MILL HANDBOOK HERE

[CM School Handbook Quick Fact Sheet 2021-22.pdf](#)

LUNCH MONITORS NEEDED

We are sending out a HUGE plea to all family members interested in becoming a recess/lunch monitor. The hours are 10:30-1:30daily. We would greatly appreciate the support as we are currently 4 monitors short to start the year. If you have interest or questions, please email Jeremy Cross at crossj@wiltonps.org.

WILTON SEPTA (SPECIAL EDUCATION PTA)

Wilton SEPTA (Special Education PTA) is pleased to announce a Sensory Friendly "Touch a Truck and Treat" Event, complete with Halloween Treat Bags and the opportunity to meet some real Wilton First Responders! Tour a Police Car, an Ambulance, and a Fire Truck! This exciting and unique event is open to all Wilton families with children that have a 504 Plan or an IEP, and will be held at the Town Hall Complex on **Friday, October 29th from 5-7 pm. Siblings welcome!** Brought to you by Wilton SEPTA, The Wilton Police Department, Wilton EMS and the Wilton Fire Department. Please register by 10/27 in advance at <https://www.wiltonsepta.org/.../septas-sensory.../form>

TURKEY TROT

It's Turkey Trot time again; Wilton families helping Wilton families for the holidays. While our little gobblers run their race, Cider Mill families can help support Social Services through donations to have turkeys and other offerings at holiday tables this season. Please use this link to find out more and donate now! We are so grateful this season for the joint efforts of our Cider Mill community! <https://www.cidermillpta.org/turkeytrot2021>

Community News

WILTON YOUTH COUNCIL

This fall, we hope you will join Wilton Youth Council for one of our great presentations and events. Each of these is a chance to learn a new skill, find a fresh perspective, or connect with others in similar circumstances. Get all the details at www.wiltonyouth.org and text WILTONYOUTH to 22828 to join our newsletter.

Improve Your Academics!

All Cider Mill students can receive tutoring at no cost. All tutors are fellow Wilton High School students. Please fill out this form if you need help in any subject: <https://forms.gle/AANcPbVgE878zpNs8>

For more information, please visit <https://youracademics.org/>

NAMI-CAN WILTON

The COVID pandemic has caused unprecedented stress in our society and many children’s behaviors have been triggered as a result. What was manageable pre-Covid is now out of control. Find support for you, as you support your child who is struggling.

The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a Support Group for parents of children with behavioral, emotional, and mental health issues. The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently.

Our meetings are held virtually over zoom and for security, you must contact Beth or Vanessa for the password. For more information contact: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa at 203-970-4130 or eliasvanessa5@gmail.com

Submit News to Hot Cider

Anu Suri at anusuri2022@gmail.com

Melissa Reynolds at giddingsmelissa@hotmail.com

Deadline for submission for the next issue of Hot Cider is November 3, 2021. The next issue of Hot Cider will be published on November 7, 2021.

Content may be edited at the discretion of editors. In an effort to keep Hot Cider timely and concise, your article may be published only twice.