

HOT CIDER

CIDER MILL PTA PUBLICATION – October 7, 2019

Cider Mill School is a Community of Learners, ALL committed to being the best we can be.

Important Dates

Oct 7	Day 4
Oct 8	CM PTA Meeting, Cafeteria, 9:15-10:15am
Oct 9	NO SCHOOL (Yom Kippur)
Oct 14	NO SCHOOL (Columbus Day)
Oct 15	NO SCHOOL (Professional Development Day)
Oct 31	Halloween Parade, Belden Hill/Nod Hill 8:45-9am, Kent/Cannondale 9:30-9:45am
Nov 5	NO SCHOOL (Professional Development Day)
Nov 12	CM PTA Meeting, Cafeteria, 9:15-10:15am
Nov 20	Photo Retake Day
Nov 21-26	SHORTENED DAY (Dismissal at 11:55am for Conferences)
Nov 21-26	Book Fair, Cafeteria, 7:30am-3:30pm
Nov 27	NO SCHOOL (Thanksgiving Recess)

Important Phone Numbers

Cider Mill Main Office: 203-762-3351
Report an Absence: 203-834-4950 or cmattend@wiltonps.org
Bus Transportation: 203-762-3381
Chartwells: 203-834-4990 x5221

From The PTA Presidents

To Cider Mill Parents and Guardians,

We want to thank all CM families for supporting our 10th Annual Walkathon. We raised over \$18,500 for this year's programming and events for the kids and families at Cider Mill. This is still short of our goal for the year so, if you would still like to support our programming and donate to our fundraiser, please use this link: www.cidermillpta.org/walkathon. A huge shout out to Amanda Patania for chairing this event and making it a huge success. Hopefully your kids had fun walking with their classmates and celebrating our school – even if the bubbles were blowing in the wrong direction.

Thank you to Chandra Ring who helped coordinate Photo Day for the kids and staff this year. Retakes will be taken on November 20th.

We would like to encourage all families to join the CM PTA. Please use the MobileArq link to join the PTA. You will have access to the school directory and you will be allowed to vote at all CM PTA meetings. https://mobilearq.com/.../school_directory_parent_register.ht...



Our next meeting is on Tuesday, Oct 8th at 9:15am in the cafeteria. The 4 BoE candidates will be attending this meeting so they can introduce themselves and explain why they are running for these positions.

Thank you again for all of your support.

Carolyn Lyon and Meghan Russo
CM PTA Co-Presidents

School News

PTA VOLUNTEER POSITIONS AVAILABLE ~ WE NEED YOUR HELP!

We still need help filling these gaps. If you'd like to know more or interested in helping please contact Amanda Patania or Alex Frisbee at CMnominating@gmail.com

Hospitality - We currently have a few people to help co-ordinate pampering staff at various times during the year, but more people are needed to help run these events. It's a position which is split and staff really appreciate.

4th and 5th Field Day - Coordinating volunteers and working with the gym teachers to make these fun days run smoothly. It's all set up from past Field Days and a good way to end the year.

3rd Grade Great Books - Recruit 3rd Grade parents to run Great Books during lunch period. It's a little like a book club for the children. 4th and 5th Grade chairs are experienced and can walk you through the whole procedure.

Bingo Night - Ideally two chairs or more for this one. It's a really fun night and last year's chairs can walk you through the whole procedures. Grab a friend and have fun with this one!

S.P.A.C.E.: Supportive Parenting of Anxious Childhood Emotions ~ November 4th at 7pm in the Clune Center

Dr. Eli Lebowitz, Associate Professor in the Yale Child Study Center, will speak to parents about the S.P.A.C.E. program, which addresses childhood anxiety (from low level to severe) by teaching parenting skills. The program has been found to be effective in lessening the negative impact of anxiety on children and families. Come learn more about how changing parent behavior can positively impact your child and reduce the impact of anxiety on your entire family. Dr. Lebowitz will also lead a training session for professionals during the day on November 4 and 5. This session is sponsored by the Wilton Public Schools, SPED*NET Wilton, Wilton SEPTA, and Wilton Youth Council.

CIDER MILL LIBRARY LEARNING COMMONS VOLUNTEERS

The Library Learning Commons is a school-year long commitment with weekly or bi-monthly shifts during school hours. Volunteers are necessary to keep the library running smoothly throughout the day, as we are responsible for checking out books, checking in books, shelving and other special projects throughout the year. Interested in volunteering for Cider Mill Library Learning Commons? Please email Jen Fila at jennfila5@gmail.com for more information.

CIDER MILL PTA GARDEN COMMITTEE

Thank you to the volunteers who watered, weeded, and harvested the inaugural round of vegetables from the Cider Mill garden this summer! The seeds planted by Cider Mill students in April grew heartily over the summer and the harvest was abundant. Ms. Romond's 5th Grade class stopped by recently to pick cucumbers, squash, beets, Swiss chard, and carrots that were brought to the Wilton Food Pantry. Lettuce was picked and donated over the summer. Students from the Zero Waste/Cider Mill Garden Club will soon be digging up and delivering potatoes and working on various garden projects. We will continue to offer opportunities for students and parent volunteers to participate in the garden throughout this school year. Stay tuned for updates from the Cider Mill PTA Garden Committee. To volunteer please email Margo Silvian at margosilvian@me.com.

CIDER MILL ZERO WASTE COMMITTEE

The Zero Waste Committee has been working to start up our second full year of recycling, donating and composting at Cider Mill! Each school in our district now has: 1) Liquid Dumping Stations; 2) Food Donations (sealed containers and some fruit); 3) Recycling; 4) Compost; and 5) Waste. We'll be reminding kids how to sort their lunch leftovers, and to reduce waste at school and home. As a quick refresher for all, it's YES to using reusable containers, bags, silverware, and ice packs; purchasing bulk snacks to sort into reusable containers, packing realistic portions and taking home uneaten food (or donate or compost!) It's AVOID disposable paper or plastic bags; Individually-packaged snacks; non-reusable food wrap; disposable ice packs, utensils, or drink containers (juice boxes or pouches); and plastic straws.

For more information or to help out, contact the Cider Mill Zero Waste Committee:

Elizabeth McKay - ewmckay@gmail.com Nicole Northway - nicole.northway3@gmail.com Laura Rowley - rowleylg@gmail.com

Ongoing School News

JOIN THE PTA ~ WE NEED YOUR SUPPORT!

Join the PTA and gain access to our Mobile Directory! Get instant access when you join – no waiting, easy updates to address or phone number changes throughout the year! Join here, and use the code - 'wilton' https://mobilearq.com/schooldirectory/school_directory_parent_register.html Parents please update your profiles to include email and cell phone numbers! One easy spot to register for all your kids' PTAs and make a donation at the same time! Questions? Email our Directory Chair Jennifer Wulff jen@presto.org (Please add support@mobilearq.com to your address book to ensure delivery of the confirmation email with temporary auto-login link.)

FIND US ON FACEBOOK

The PTA has a group on Facebook called Cider Mill Parent Community. It is a place where the PTA can communicate to parents, and also where parents can communicate with one another. Please check it out by clicking here: [Cider Mill Parent Community](#)

STOP AND SHOP REWARDS PROGRAM

CIDER MILL SCHOOL – (ID#: 40341) has the opportunity to participate and earn CASH from A+ School Rewards, a great fundraising program run through our local Stop & Shop!

To participate: Visit <http://www.stopandshop.com/aplus> and scroll down to the center of the page to select REGISTER YOUR CARD from the red box on the right marked FOR CUSTOMERS

To earn points:

- Use your registered Stop & Shop Card each time you shop at Stop & Shop, and you will earn CASH for our school. You can track the number of points you are earning for our school by checking your grocery receipt.
- At the end of each month, your points are calculated and converted to CASH rewards for our school. These CASH rewards are updated monthly on the Giant A+ website beginning in November.
- After the last day of the 2019-2020 program, these same conversions are performed and the final school account total is posted. • Our school will receive one CASH awards check at the end of the program and can use this cash for any of our educational needs.

BOX TOPS HAVE GONE DIGITAL!

BIG, exciting change to Box Tops for Education this year! Box Tops has gone digital! This is a MUCH easier way to earn money for Cider Mill School! To donate box tops, follow the steps below.

1. Download the Box Top (BTFE) app on your smart phone
2. Buy products with the Box Top logo
3. Using the BTFE app, scan your store receipt
4. The app automatically gives Cider Mill credit for the participating products you purchased!

The app is really easy to use and it saves so much clipping and counting time. Any clipped Box Tops you have been saving may be turned into the Box Tops box in the main office. These will be counted and submitted "the old fashioned way." If you have any questions, please email Heather Mroz, Box Top Coordinator, at heathermm@optonline.net. Thank you for your support and happy scanning!

LOST & FOUND ~ CIDER MILL

There are two L&F locations in Cider Mill. One is at the doorway where you go to the playground, on the high school side (Cannondale). The other is by the front door on the far side of the bus loop (Kent). You or your child can check these locations for lost items. At the end of each season, the unclaimed items are donated to the Turnover Shop with proceeds going to the Cider Mill PTA. Contact Amanda Mitchell with questions, at amandaNmitchell@gmail.com.

Community News

NAMI WILTON PARENT SUPPORT GROUP

Has the back-to-school honeymoon worn off? As school gets into full swing, the academic and social stresses can get to be too much, and result in behavioral changes. The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a Support Group for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Parents come from Redding, Weston, Westport, Wilton and towns in the surrounding area. Our next meetings are Mondays October 28th and November 25th, from 10-11:30, G&B Cultural Center, 49 New Street, Wilton. For more information: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa 203-970-4130 or eliasvanessa5@gmail.com

TRUE WARRIORS BASEBALL

Do you know a child with physical or intellectual disabilities who would enjoy playing fall baseball? Come join us!! All abilities are welcome! Our focus is to play baseball and have fun. No experience necessary. Register at www.wiltonlittleleague.org. For more information please contact Jennifer Angerame at theangerames@gmail.com.

WILTON YOUTH COUNCIL

Please save the date for these Wilton Youth Council parent education programs! Like us on Facebook and visit www.wiltonyouth.org for more information about our programs for youth, parents and community. While you are there, sign up for our newsletter. We are looking for volunteers to join our fundraising committee and/or the Free Play Matters Task Force. If you are interested, email Genevieve Eason at geason@wiltonyouth.org.

The Resilience Formula: Giving Kids Roots and Wings, Wednesday, November 13, 2019 at 10:00 - 11:30 a.m. OR 7:00 - 8:30 p.m. (Two opportunities!) at the Wilton Library Brubeck Room
In this interactive session, Donna Volpitta, Ed.D., will teach the simple brain science behind raising emotionally healthy, resilient kids.

Raising the Touch Screen Generation: The Role of Technology in Our Children's Lives
Tuesday, March 24, 2020 at 10:00 - 11:30 a.m. OR 7:00 - 8:30 p.m. (Two opportunities!) at the Wilton Library Brubeck Room
In this session, Alicia Farrell, Ph.D., leads a discussion about the fine line between healthy and unhealthy technology use (screen-time, social media, entertainment) and how parents, mentors and educators can help children walk it.

WILTON SEPTA

Join us! The Wilton Special Education PTA works to support students, teachers and families of students receiving Support services in Wilton Public Schools. We work collaboratively with of our 4 school PTA's to create an inclusive supportive school community! Membership available on line at www.wiltonsepta.org

Please note the dates and timings of the upcoming meetings-

- October 16, 9-10.30am at Comstock Community Centre Room 13 (this meeting only)
- November 20, 4-5.30pm
- January 15, 9-10.30am
- February 19, 7-8.30pm
- March 18, 4-5.30pm
- April 29, Spring Social
- May 20, 9-10.30am

ZERO WASTE SCHOOL PROGRAM

Our Green Team and Zero Waste Schools Committees are excited to be back and running our Zero Waste Schools Program at each school. If you are new to Wilton schools, students are helping make a difference by sorting their waste in the cafeteria into liquid, recycling, garbage and compost with the goal of sending as little to the incinerator as possible. You can learn more here (insert link <https://vimeo.com/334717577>)

So why not join in on the routine at home with Curbside Compost! Curbside Compost allows you to compost ALL food scraps including dairy, fish and meats. For every household that signs up for Curbside Compost's residential household collection program Curbside Compost is going to give a \$20 credit towards the Wilton Zero Waste Schools food scrap recovery program. Businesses can get involved too!

Head to [Curbside Compost](#) now to sign-up! In the "Pick Up Notes" section be sure to use the code "Wilton Zero Waste Schools" in order for our program to receive credit.

Submit News to Hot Cider

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Content may be edited at the discretion of editors. In an effort to keep Hot Cider timely and concise, your article may be published only twice.