

**Hot Cider**  
**A Cider Mill PTA Publication**

**April 9, 2017**

**Important Dates**

Apr 10-14 NO SCHOOL (Spring Recess)  
Apr 19 PTA Board Meeting, 9:15am, Cafeteria  
Apr 20 Board of Education Meeting, 7pm, WHS Professional Library  
May 8 FAPA Library Show, Wilton Public Library  
May 9 Fourth Grade Chorus and Orchestra Concert - South, 7pm  
May 11 Fourth Grade Chorus and Orchestra Concert - North, 7pm

**Important Phone Numbers**

Cider Mill Main Office: 203-762-3351  
Report an Absence: 203-834-4950 or [fallonk@wiltonps.org](mailto:fallonk@wiltonps.org)  
Bus Transportation: 203-762-3381  
Chartwells: 203-834-4990 x5221

**School News**

**Teacher and Staff Appreciation Week- May 1st-May 5th - PLEASE SIGN UP!**

The Cider Mill Hospitality Committee will be organizing three events the week of May 1st through Cinco De Mayo in honor of our wonderful teachers and staff! Your help plays a vital role in making these events possible!

**Monday - May 1st - Health and Wellness Day**

We are planning a new event to kick off the week – Health and Wellness Day! We are looking to our pool of highly skilled and gifted parents to donate their health and wellness services (massage, yoga, fitness, nutrition, etc.) to our teachers before school, during their lunches, and after school on May 1. We are also looking to set up a juice/smoothie bar and need volunteers to help with this.

**Please follow this link to a Google document where we are collecting volunteer information:** [https://docs.google.com/spreadsheets/d/1JrJnykzwuka\\_WjsniBZyvnQ48\\_d37X3cN2GM-Jud2Lw/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1JrJnykzwuka_WjsniBZyvnQ48_d37X3cN2GM-Jud2Lw/edit?usp=sharing)

We will be in touch with details. Please contact Lisa Finn at [ldbfinn@hotmail.com](mailto:ldbfinn@hotmail.com) with any questions.

**Wednesday - May 3rd - Bagged Lunch Day**

The ever-popular bagged lunch day is back. It's a fan favorite of teachers and staff. We need 180 lunches! Please help by providing a bagged lunch filled with a sandwich/wrap/salad, chips/fruit, drink, and dessert. (Bags with instructions and labels

will be sent home on May 1st or 2nd, and then your child will bring in the bagged lunch the morning of the 3rd.)

**For more details and to contribute a bagged lunch, please click**

**here:** <http://signup.com/go/gPvEiE>

If you would like to participate and are unable to send in a bagged lunch, we will purchase and assemble one for you. Please send a check for \$15 (made payable to Cider Mill PTA) through your child's backpack in an envelope marked "Bagged Lunch Day". Deadline for sending in contributions is Monday, April 24th. Please contact Holly Barker at [ctbarkers@optonline.net](mailto:ctbarkers@optonline.net) if you have any questions.

### **Friday - May 5th - Lunch Buffet and Treat Table**

Finally, on Friday, May 5th we will host the Teacher and Staff Luncheon. We are seeking donations of hot foods, cold foods and desserts. If you love to cook, bake or have a favorite place to pick up the perfect meal, please consider making a donation. We're also collecting donations of small gift cards and gifts (\$5 and under) for a "treat table". Donations will be collected the morning of Friday, May 5th from 7:00am until 10am or coordinate with the Hospitality Committee for earlier drop off.

**For more details and to contribute, please click here:** <http://signup.com/go/855WEY>.

Please contact Valerie Shukovsky at [vshukovsky@outlook.com](mailto:vshukovsky@outlook.com) if you have any questions.

Thank you in advance for helping us make this a memorable week for all of our wonderful Cider Mill Staff Members! And many thanks to all those who are sending in multiple items for all of these much loved staff events – we could not do any of these things without your participation! We appreciate your help in making this week a success!

### **Join the Cider Mill PTA Board in 2017-2018!**

Below is a list of open positions for next year's Cider Mill PTA. So many fun and special positions are available and we are looking for volunteers. The PTA is a great way to get involved with the school and with other parents. Many of these programs will not happen if we are not able to find a volunteer. There are opportunities for everyone, no matter how much time you can volunteer. You can find descriptions of many of the roles at <http://www.cidermillpta.org/committee-descriptions> .

The role of President will be open next year. The best part of this role is that the only requirements are time and willingness to fulfill the role and make it your own. It is a great role for someone with an ability to work well with a wide range of people from volunteers to the Principal and Superintendent and a passion for working for the betterment of the school and its community.

Additionally, Vice President of Fundraising will be open next year. Other roles that are open:

3rd grade Fun Night

3rd grade Great Books

3rd grade Room Rep Coordinator

3rd grade World Language

4th grade Great Books

5th grade River Study

5th grade Yearbook

Box Tops

Webmaster

Reflections

Turkey Trot

Marketing

If you have any questions about any of the roles, please contact Tara Snow at [tanda@optonline.net](mailto:tanda@optonline.net) or at 203-563-0866.

**\*\*\*Attention 5th Grade Parents\*\*\* Middlebrook PTA Volunteer Opportunities**

Next year begins the big adventure known as middle school, and Middlebrook PTA is looking for volunteers to support our students! We rely on you to serve as officers and committee chairs – it can't be done without you! Most importantly, we are looking for a President, Vice President and Treasurer – all great ways to be involved and work to enrich the student experience at Middlebrook.

There are lots of other ways to help, and you can find a committee that fits your talents and schedule - some roles are active throughout the year while others are one time only. We need help on these committees: Directory, Reflections, Science Fair, Spiritwear, Nominating, Activity Night, and Ice Cream Social. I know so many of you have talents which can be put to good use!

Please contact Middlebrook's PTA President, Laura Rowley, at [rowleylg@gmail.com](mailto:rowleylg@gmail.com) for more information about how you can help.

**Ongoing Cider Mill News**

**Join the Cider Mill PTA!**

The Cider Mill PTA is a powerful network of parents and teachers whose mission is to make every child's potential a reality, by engaging and empowering families and communities to advocate for all children. We want you as a member! Joining the PTA is showing that you care what happens in your child's education. It shows you want to be involved, engaged and informed. It is not a commitment to volunteer for anything!

It does not mean you have to turn up to a meeting every month (although we hope you will consider it). It is a way to stay connected with our school community, get to know your school and administrators, have a voice and be heard at the school and district level. Your membership dues support the programs your children participate in regularly. Without

the PTA, your support, and all of our wonderful volunteers, these activities would not happen: Field Days, Fun Nights, Reflections, River Study, School Store, Visiting Author, Turkey Trot, World Language Celebrations, Walkathon, Book Fair, Spiritwear, library volunteers, and the Hot Cider newsletter.

Membership signup is ONLY online. Joining gives you instant access to the Cider Mill directory of parent and student information. You can download the MobileArq app at the Apple Store or Google Play Store, or visit this link: <http://wilton.mobilearq.com> and use code 'wilton'.

### **Buy Name Labels at Mabel's Labels**

Last year, over 300 sweatshirts, 100 winter hats, 50 pairs of gloves, 50 lunch boxes, and 10 winter jackets were left in our Lost Property areas at school. The overwhelming majority had no owner information marked in them. To raise funds and reduce this immense amount of loss, we have teamed up with Mabel's Labels to run a fundraiser. Mabel's Labels adhere to your child's clothing and will not come off in the wash. You will get your missing property back and Cider Mill will earn money! Please visit [www.mabelslabels.com](http://www.mabelslabels.com). Click on 'Support a Fundraiser.' We are listed as Cider Mill School (Wilton). Cider Mill will receive a 20% donation based on the cost of your order. Thank you!

### **Find Us on Facebook!**

The PTA has set up a group on Facebook called Cider Mill Parent Community. It is a place where the PTA can communicate to parents, and also where parents can communicate with one another. Please check it out by clicking here: [Cider Mill Parent Community](#).

### **Lost and Found**

There are two L&F locations in Cider Mill. One is at the doorway where you go to the playground, on the high school side (Cannondale). The other is by the front door on the far side of the bus loop (Kent). You or your child can check these locations for lost items. At the end of each season, the unclaimed items are donated to the Turnover Shop with proceeds going to the Cider Mill PTA. Contact Amanda Mitchell with questions, at [amandaNmittchell@gmail.com](mailto:amandaNmittchell@gmail.com).

### **School Spiritwear**

Show your school spirit! Please visit the Cider Mill PTA website at [www.cidermillpta.org](http://www.cidermillpta.org) to order your school clothing. Students are encouraged to wear their Spiritwear clothing for various days and events during the year. Proceeds benefit the Cider Mill PTA. Please contact Annemarie Aronowitz at [annemariearonowitz@yahoo.com](mailto:annemariearonowitz@yahoo.com) or Amanda Mitchell at [amandanmittchell@gmail.com](mailto:amandanmittchell@gmail.com) with any questions.

## Community News

### **Wilton Youth Council (WYC) ~ Privileged and Pressured Continued: How to Talk About Substance Use, Expert Panel Discussion with Q&A, April 26, 2017 at 10:00 - 11:30 AM, Wilton High School's Clune Center**

Last October, about 300 parents and other concerned adults attended a presentation by Suniya Luthar, PhD on the risks of growing up in an affluent community. Dr. Luthar discussed her research that shows that teens in towns like ours have elevated risks of anxiety, depression, substance use and other risky behaviors, compared to national norms. Many questions from the audience reflected parents' concerns about adolescent use of alcohol and other drugs and their uncertainty about how to address these issues at home. In response to these concerns, a coalition of local organizations is pleased to present a follow up panel discussion on how to talk about substance use.

The expert panel includes:

- Shanthi Mogali, MD, Director of Psychiatry of Mountainside, who will discuss the effects of substance use on adolescent brain development;
- Giovanna Pisani, MSW, Director of Mid-Fairfield Substance Abuse Coalition, who will describe vaping products and their ingredients;
- Allison Kernan, Certified Recovery Coach, who will tell her own remarkable story of addiction and recovery;
- Amy Sedgwick, LADC, CCDP, SCPG, Director of Outpatient Services of Mountainside, who will share practical strategies for family communication and decision making.

Ample time will be provided for questions.

The program will start promptly at 10:00 AM. Attendees are encouraged to arrive early to find parking and pass through school security at the Clune Center. This presentation is free and open to the public. Parents, professionals, school staff and other interested adults are welcome. The program is appropriate for parents with children of all ages. Registration is recommended

at [talkaboutsubstanceuse.eventbrite.com](http://talkaboutsubstanceuse.eventbrite.com). Please contact Wilton Youth Services at (203) 834-6241 with questions. Sponsored by: Mountainside, Mid-Fairfield Substance Abuse Coalition / Human Services Council, Wilton Public Schools, Wilton Schools PTAs / PTSA, Wilton Youth Council, Wilton Youth Services.

## Submit News to Hot Cider

Please email school news to Andrea Bates at [connbates@gmail.com](mailto:connbates@gmail.com), Clarissa Cannavino at [clarissacannavino@yahoo.com](mailto:clarissacannavino@yahoo.com) and Nicola Davies at [nicoladavies@outlook.com](mailto:nicoladavies@outlook.com). For submission deadlines, publication dates, and past issues, please click this link:

<http://www.cidermillpta.org/#!/hotcider/ccjp>. Content may be edited at the discretion of the Hot Cider staff. In an effort to keep Hot Cider timely and concise, your article may be published only twice. Please consider publication dates carefully. Your understanding is appreciated. The next issue of Hot Cider will be published April 23, 2017. The deadline for submissions is April 18, 2017.