

HOT CIDER

CIDER MILL PTA PUBLICATION – October 20, 2019

Cider Mill School is a Community of Learners, ALL committed to being the best we can be.

Important Dates

- Oct 21** Day 3
- Oct 21-25** Zero Waste Week at Cider Mill, details below
- Oct 31** Halloween Parade, Belden Hill/Nod Hill 8:45-9am, Kent/Cannondale 9:30-9:45am
- Nov 5** NO SCHOOL (Professional Development Day)
- Nov 12** CM PTA Meeting, Cafeteria, 9:15-10:15am
- Nov 20** Photo Retake Day
- Nov 21-26** SHORTENED DAY (Dismissal at 11:55am for Conferences)
- Nov 21-26** Book Fair, Cafeteria, 7:30am-3:30pm
- Nov 27** NO SCHOOL (Thanksgiving Recess)

Important Phone Numbers

Cider Mill Main Office: 203-762-3351
Report an Absence: 203-834-4950 or cmattend@wiltonps.org
Bus Transportation: 203-762-3381
Chartwells: 203-834-4990 x5221

From The PTA Presidents

To Cider Mill Parents and Guardians,

We want to once again thank all CM families for supporting our 10th Annual Walkathon. We raised over \$18,500 for this year's programming and events for the kids and families at Cider Mill. We are still short of our goal, and are keeping the link to donate open for the remainder of the week. Please consider donating to help us reach our goal. Please use this link to donate: www.cidermillpta.org/walkathon.

We recently said good-bye to School Resource Officer, Diane MacLean who is retiring. Officer MacLean was a tremendous asset to our school, and will be greatly missed by all. At the walkathon we provided her with a t-shirt signed by all of the CM students. A big thank you to Carolyn Lyon for collecting all of the signatures. We wish her all the best in her next chapter.

The week of Oct 21st is Zero Waste Week. This program is designed to significantly reduce the amount of waste that would otherwise be sent to landfills or for incineration. Activities will be taking place in the classroom to educate students on how to implement sustainable behaviors. Raffles and prizes will be given throughout the week. Please consider sending in refillable water bottles and reusable bags. Look for emails from the district containing information about what families can do to support Zero Waste initiatives at home.

CM students will be participating in the Fall into Reading project again this year. Students, either on their own or with their classroom, will be decorating pumpkins based on one of their favorite books. Once completed the pumpkins will be displayed in the hallways to be seen during the students "Pumpkin Walk". This project is a great way to further our schools love of reading. Be on the lookout for an email detailing the type of activity your child's classroom will be doing for their project. The Wilton Kiwanis Club is supporting the CM PTA and CM LLC by donating a portion of pumpkin sales if you mention Cider Mill when you purchase your pumpkin from them.

We would once again like to encourage all families to join the CM PTA. Please use the MobileArq link to join the PTA. You will have access to the school directory and you will be allowed to vote at all CM PTA meetings. https://mobilearq.com/.../school_directory_parent_register.ht...



Our next meeting is on Tuesday, November 12th at 9:15am in the newly redesigned LLC. Kevin J. Smith, Ph.D., Superintendent of Schools will be in attendance.

Thank you again for all of your support.

Carolyn Lyon and Meghan Russo
CM PTA Co-Presidents

School News

October 21st to 25th is **ZERO WASTE WEEK** in Wilton Public Schools!!!

Keep an eye out for emails and Facebook posts during Zero Waste Week to learn more about Wilton Public Schools' Zero Waste program and how it works. You'll get **ideas for reducing waste**, and learn how small changes add up to big results. If you want to help by **volunteering during lunch waves for Zero Waste Week at Cider Mill**, please sign up using the link below - we promise it will be eye opening!

Volunteer Sign-Up: <https://signup.com/go/BQhYmgs>

To make it a bit more exciting for kids, we'll be drawing for prizes each day. Students earn entry into the drawing with certain zero waste behaviors such as using no straws, reusable water bottles and reusable containers. We'll be posting on the Cider Mill Facebook page which items are the goal for each day. Questions? Contact Elizabeth McKay (ewmckay@gmail.com), Nicole Northway (nicole.northway3@gmail.com) or Laura Rowley (rowleylg@gmail.com).

PTA VOLUNTEER POSITIONS AVAILABLE ~ WE NEED YOUR HELP!

We still need help filling these gaps. If you'd like to know more or interested in helping please contact Amanda Patania or Alex Frisbee at CMnominating@gmail.com

Hospitality - We currently have a few people to help co-ordinate pampering staff at various times during the year, but more people are needed to help run these events. It's a position which is split and staff really appreciate.

4th and 5th Field Day - Coordinating volunteers and working with the gym teachers to make these fun days run smoothly. It's all set up from past Field Days and a good way to end the year.

3rd Grade Great Books - Recruit 3rd Grade parents to run Great Books during lunch period. It's a little like a book club for the children. 4th and 5th Grade chairs are experienced and can walk you through the whole procedure.

S.P.A.C.E.: Supportive Parenting of Anxious Childhood Emotions ~ November 4th at 7pm in the Middlebrook Auditorium **Please note location change**

Dr. Eli Lebowitz, Associate Professor in the Yale Child Study Center, will speak to parents about the S.P.A.C.E. program, which addresses childhood anxiety (from low level to severe) by teaching parenting skills. The program has been found to be effective in lessening the negative impact of anxiety on children and families. Come learn more about how changing parent behavior can positively impact your child and reduce the impact of anxiety on your entire family. Dr. Lebowitz will also lead a training session for professionals during the day on November 4 and 5. This session is sponsored by the Wilton Public Schools, SPED*NET Wilton, Wilton SEPTA, and Wilton Youth Council. For any questions please contact Lori Godin at godinl@wiltonps.org, or by phone at 203-762-3381 extension 8312.

Ongoing School News

JOIN THE PTA ~ WE NEED YOUR SUPPORT!

Join the PTA and gain access to our Mobile Directory! Get instant access when you join – no waiting, easy updates to address or phone number changes throughout the year! Join here, and use the code - 'wilton' https://mobilearq.com/schooldirectory/school_directory_parent_register.html Parents please update your profiles to include email and cell phone numbers! One easy spot to register for all your kids' PTAs and make a donation at the same time! Questions? Email our Directory Chair Jennifer Wulff jen@presto.org (Please add support@mobilearq.com to your address book to ensure delivery of the confirmation email with temporary auto-login link.)

FIND US ON FACEBOOK

The PTA has a group on Facebook called Cider Mill Parent Community. It is a place where the PTA can communicate to parents, and also where parents can communicate with one another. Please check it out by clicking here: [Cider Mill Parent Community](#)

STOP AND SHOP REWARDS PROGRAM

CIDER MILL SCHOOL – (ID#: 40341) has the opportunity to participate and earn CASH from A+ School Rewards, a great fundraising program run through our local Stop & Shop!

To participate: Visit <http://www.stopandshop.com/aplus> and scroll down to the center of the page to select REGISTER YOUR CARD from the red box on the right marked FOR CUSTOMERS

To earn points:

- Use your registered Stop & Shop Card each time you shop at Stop & Shop, and you will earn CASH for our school. You can track the number of points you are earning for our school by checking your grocery receipt.
- At the end of each month, your points are calculated and converted to CASH rewards for our school. These CASH rewards are updated monthly on the Giant A+ website beginning in November.
- After the last day of the 2019-2020 program, these same conversions are performed and the final school account total is posted. • Our school will receive one CASH awards check at the end of the program and can use this cash for any of our educational needs.

BOX TOPS HAVE GONE DIGITAL!

BIG, exciting change to Box Tops for Education this year! Box Tops has gone digital! This is a MUCH easier way to earn money for Cider Mill School! To donate box tops, follow the steps below.

1. Download the Box Top (BTFE) app on your smart phone
2. Buy products with the Box Top logo
3. Using the BTFE app, scan your store receipt
4. The app automatically gives Cider Mill credit for the participating products you purchased!

The app is really easy to use and it saves so much clipping and counting time. Any clipped Box Tops you have been saving may be turned into the Box Tops box in the main office. These will be counted and submitted "the old fashioned way." If you have any questions, please email Heather Mroz, Box Top Coordinator, at heathermm@optonline.net. Thank you for your support and happy scanning!

LOST & FOUND ~ CIDER MILL

There are two L&F locations in Cider Mill. One is at the doorway where you go to the playground, on the high school side (Cannondale). The other is by the front door on the far side of the bus loop (Kent). You or your child can check these locations for lost items. At the end of each season, the unclaimed items are donated to the Turnover Shop with proceeds going to the Cider Mill PTA. Contact Amanda Mitchell with questions, at amandaNmitchell@gmail.com.

Community News

NAMI WILTON PARENT SUPPORT GROUP

Has the back-to-school honeymoon worn off? As school gets into full swing, the academic and social stresses can get to be too much, and result in behavioral changes. The National Alliance on Mental

Illness (NAMI) Child and Adolescent Network (CAN) is a Support Group for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Parents come from Redding, Weston, Westport, Wilton and towns in the surrounding area. Our next meetings are Mondays October 28th and November 25th, from 10-11:30, G&B Cultural Center, 49 New Street, Wilton. For more information: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa 203-970-4130 or eliasvanessa5@gmail.com

WILTON YOUTH COUNCIL

Please save the date for these Wilton Youth Council parent education programs! Like us on Facebook and visit www.wiltonyouth.org for more information about our programs for youth, parents and community. While you are there, sign up for our newsletter. We are looking for volunteers to join our fundraising committee and/or the Free Play Matters Task Force. If you are interested, email Genevieve Eason at geason@wiltonyouth.org.

The Resilience Formula: Giving Kids Roots and Wings, Wednesday, November 13, 2019 at 10:00 - 11:30 a.m. OR 7:00 - 8:30 p.m. (Two opportunities!) at the Wilton Library Brubeck Room
In this interactive session, Donna Volpitta, Ed.D, will teach the simple brain science behind raising emotionally healthy, resilient kids.

Raising the Touch Screen Generation: The Role of Technology in Our Children's Lives
Tuesday, March 24, 2020 at 10:00 - 11:30 a.m. OR 7:00 - 8:30 p.m. (Two opportunities!) at the Wilton Library Brubeck Room
In this session, Alicia Farrell, Ph.D., leads a discussion about the fine line between healthy and unhealthy technology use (screen-time, social media, entertainment) and how parents, mentors and educators can help children walk it.

WILTON SEPTA

Join us! The Wilton Special Education PTA works to support students, teachers and families of students receiving Support services in Wilton Public Schools. We work collaboratively with of our 4 school PTA's to create an inclusive supportive school community! Membership available on line at www.wiltonsepta.org

Please note the dates and timings of the upcoming meetings-

November 20, 4-5.30pm
January 15, 9-10.30am
February 19, 7-8.30pm
March 18, 4-5.30pm
April 29, Spring Social
May 20, 9-10.30am

ZERO WASTE SCHOOL PROGRAM

Our Green Team and Zero Waste Schools Committees are excited to be back and running our Zero Waste Schools Program at each school. If you are new to Wilton schools, students are helping make a difference by sorting their waste in the cafeteria into liquid, recycling, garbage and compost with the goal of sending as little to the incinerator as possible. You can learn more here (insert link <https://vimeo.com/334717577>)

So why not join in on the routine at home with Curbside Compost! Curbside Compost allows you to compost ALL food scraps including dairy, fish and meats. For every household that signs up for Curbside Compost's residential household collection program Curbside Compost is going to give a \$20 credit towards the Wilton Zero Waste Schools food scrap recovery program. Businesses can get involved too!

Head to [Curbside Compost](#) now to sign-up! In the "Pick Up Notes" section be sure to use the code "Wilton Zero Waste Schools" in order for our program to receive credit.

Submit News to Hot Cider

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Content may be edited at the discretion of editors. In an effort to keep Hot Cider timely and concise, your article may be published only twice.