

# HOT CIDER

CIDER MILL PTA PUBLICATION - February 25th, 2018

*Cider Mill School is a Community of Learners, ALL committed to being the best we can be.*

## Important Dates

<b>Feb 26</b>	Day 2
<b>Feb 26</b>	5th To 6th Grade Math Info Night For Parents At Middlebrook School, 7-8pm
<b>Mar 8</b>	Inclusion Awareness Month ~ Wear All House Colors Day
<b>Mar 9</b>	Are You Smarter Than A 5th Grader? Show, Clune Theater (WHS), 6-9pm
<b>Mar 10</b>	5th Grade Fun Night, Wilton YMCA, 8-10pm, Check-in Starts at 7:30pm
<b>Mar 13</b>	PTA Meeting, Cafeteria, 9:15am
<b>Mar 16</b>	<b>2 Hour Delayed Opening-Please Note!</b>
<b>Mar 20</b>	CM PTA Hospitality -Soup & Salad Staff Event
<b>Mar 21</b>	CM Pizza and Paint Night- <b>SOLD OUT!</b>
<b>Mar 30</b>	NO SCHOOL (Good Friday)
<b>Apr 2</b>	Cider Mill's International Arts Festival, Orchestras will perform, 7-8:30pm
<b>Apr 3</b>	3rd Grade South(Belden & Kent) Performance, 7-8pm
<b>Apr 4</b>	3rd Grade North(Nod & Canondale) Performance, 7-8pm
<b>Apr 9-13</b>	Schools Closed for Spring Break
<b>Apr 17</b>	PTA Meeting, Cafeteria, 9:15am
<b>Apr 19</b>	Dress Like A Super Hero Day!
<b>Apr 27</b>	Cider Mill's Got Talent Show, WHS Little Theater, 6-8:30pm

## Important Phone Numbers

Cider Mill Main Office: 203-762-3351  
Report an Absence: 203-834-4950 or [fallonk@wiltonps.org](mailto:fallonk@wiltonps.org)  
Bus Transportation: 203-762-3381  
Chartwells: 203-834-4990 x5221

## School News

### **5th Grade Fun Night ~ March 10th at the Wilton YMCA, 8-10pm, Check-in Begins at 7:30pm, \$10/Student**

The much anticipated fun night is shortly upon us! Unlike past fun nights for previous grades, this night is a night for 5th graders to hang out with their friends while having the freedom to explore different activities such as a Photo booth, Dance party hosted by a DJ, Swimming, Airbrush tattoo artists, Magician and other sports activities.

Pre-registration is required! Registration forms have been put in teacher mailboxes and should be arriving home shortly if you have not already received them. Forms can also be found on the Cider Mill PTA website [www.cidermillpta.org](http://www.cidermillpta.org).

We are also looking for some awesome volunteers (moms and dads!) to help make this night a successful one. Please use the link below to sign-up for one of many activities we have planned. As you can see, we have 2 time slots for each area. You can come for half the night or stay for the entire night- up to you!, and you can sign up for different areas. Grab a couple of friends and sign up together at <http://signup.com/go/DvieBCh>

## Ongoing School News

### Cider Mill PTA

It is never too late to become a volunteer for the Cider Mill PTA. We have a position that can work with your schedule. The PTA is a great way to get to know people in the community and the school.

Please check out all the open positions for next School year-

#### School-wide positions:

Treasurer in training	Parent At Large	Nominations	Book Fair	Co-Chair Spiritwear
Hospitality	Laminating	School Photos	Zero Waste Committee	

### 3rd Grade Positions:

3rd grade Field Day	3rd grade Fun Night	3rd grade River Study	3rd grade Science Coordinator	3rd grade World Languages
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### 4th Grade Positions:

4th grade Field Day	4th grade Fun Night
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### 5th Grade Positions:

5th grade Year Book	5th grade River Study
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Please contact Tara Snow at [tanda@optonline.net](mailto:tanda@optonline.net) if you are interested.

#### Join The PTA

Please join the Cider Mill PTA! Over 300 families and teachers have joined the PTA so far this year. Thank you for your support! And, while we would love for you to get involved, you do not have to volunteer! Your membership and donation dollars fund valuable programs at Cider Mill, including: Visiting Author, 5th Grade Year Book, Field Days, Student Enrichment Programs, Fun Nights, Teacher & Staff Appreciation, Gifts and Grants, Hospitality, Book Fair, Reflections, and many more.

PLUS, when you join the PTA, you gain instant access to our online directory!

Visit <https://mobilearq.com/schooldirectory/>, choose parent or teacher registration, enter your email, name and the code “wilton” to join, pay your membership dues and make a supporting donation, if you’re feeling generous! (Please add [support@mobilearq.com](mailto:support@mobilearq.com) to your address book to ensure delivery of the confirmation email with temporary auto-login link).

#### Find Us on Facebook!

The PTA has a group on Facebook called Cider Mill Parent Community. It is a place where the PTA can communicate to parents, and also where parents can communicate with one another.

Please check it out by clicking here: [Cider Mill Parent Community](#)

#### Lost and Found ~ Bus Depot

Please visit <http://wiltonslostproperty.blogspot.com/> to view lost property found on the school buses.

#### Lost and Found ~ Cider Mill

There are two L&F locations in Cider Mill. One is at the doorway where you go to the playground, on the high school side (Cannondale). The other is by the front door on the far side of the bus loop (Kent). You or your child can check these locations for lost items. At the end of each season, the unclaimed items are donated to the Turnover Shop with proceeds going to the Cider Mill PTA. Contact Amanda Mitchell with questions, at [amandaNmittchell@gmail.com](mailto:amandaNmittchell@gmail.com).

#### Box Tops

Collect box tops to help Cider Mill raise money! Be sure to collect your box tops and submit them to your class teacher. Visit <http://www.boxtops4education.com/> to learn more about the program. Contact Box Top Chair, Heather Mroz at [heathermm@optonline.net](mailto:heathermm@optonline.net) if you have any questions.

#### Volunteer at the Cider Mill Library Learning Commons!

The Cider Mill Library is in need of volunteers to help fill in vacancies in our volunteer schedule. The shifts are an hour and a half every other week or weekly. The volunteers are very valuable to keep the library functioning smoothly by check out books to students. If you are interested in volunteering, Please contact Jen Fila at [jennfila5@gmail.com](mailto:jennfila5@gmail.com) or Jackie Couch at [jackie.couch13@gmail.com](mailto:jackie.couch13@gmail.com) for more information.

## Community News

#### “BACK THE TRACK” FUNDRAISER - DONATE TODAY!

Our town track is one of the most frequently used assets in Wilton—from athletes to senior citizens and everyone in between. Now this highly prized resource is past its useful life and in desperate need of resurfacing and repair. The Wilton Running Club and the Wilton Track Association have joined forces to initiate “Back the Track,” a fundraiser to jump-start the community support and funding required for this project. You can learn more about our track and find out how to donate through our website. If every family makes a donation, we can make a difference. Please go to [www.backthetrack.org](http://www.backthetrack.org) and donate today! For questions please reach out to Beverly Hermann at [bhermann@optonline.net](mailto:bhermann@optonline.net).

**“Are you smarter than a 5th Grader?” ~Friday, March 9th, Doors open at 6:30pm, show starts at 7pm.**

The Wilton Education Foundation’s hit fundraiser “Are you Smarter than a 5th Grader?” is back for 2018!

**\*\*All students 5th grade and under must be accompanied by an adult\*\***

We are proud to announce our 2018 contestants:

- Ron Kanterman – Wilton’s Chief of the Fire Department
- John Lynch – Wilton’s Chief of the Police Department
- Emily Mason – CM’s very own 3rd grade teacher and WHS Women’s Varsity Lacrosse Asst. Coach
- Diane MacLean – Wilton Police Department’s School Resource Officer 2018 ticket prices.

[PLEASE CLICK HERE TO BUY TICKETS](#)

- Reserved seating: \$25 per seat. Center orchestra, you’ll be up close to our VIP’s and see the action on stage! Limited seating! Get your tickets today!
- Students general admission: \$10 per seat. Select any general admission seat other than our center orchestra reserved seating.
- Adults general admission: \$15 per seat. Select any general admission seat other than our center orchestra reserved seating.

Based on the hit TV show of the same name, the spirited game show places Wilton’s brightest 5th graders from Cider Mill on stage to readily assist celebrity contestants in answering questions derived from the elementary school’s challenging curriculum.

The Foundation’s version is a family-friendly event that incorporates Wilton-specific subject matter into the trivia, utilizing the technology the organization helps fund for the schools, like interactive SMARTBoards and iPads, to display questions and provide responses. Come join us for an evening of family fun!

Mike Whitman

"Smarter" WEF Chairman

### **Wilton Youth Council (WYC)**

Wilton Youth Council promotes and protects the social, emotional and mental well-being of Wilton's students by educating and empowering youth, parents and the community. Find us on FB or visit [www.wiltonyouth.org](http://www.wiltonyouth.org) for more information and to sign up for our monthly newsletter.

Wilton Youth Council needs you! We have many programs running and this is a great time to get involved!

Questions? Email Vanessa Elias at [eliasvanessa5@gmail.com](mailto:eliasvanessa5@gmail.com). Interested in volunteering? Email Suma Iyer at [sumapiyer@gmail.com](mailto:sumapiyer@gmail.com).

Please note the upcoming events-

#### **1) How to Raise an Adult: Break Free of the Over-Parenting Trap and Prepare your Kid for Success**

Wednesday February 28 @ 10-11:30am & 7-8:30pm a book discussion at Wilton Library’s Rimer Room

Registration required, please register at [www.wiltonlibrary.org](http://www.wiltonlibrary.org) or 203-762-6334. Minimum 15 registrants required for each session. Appropriate for Parents of Children of all ages.

Ellen Brezovsky, LCSW, of Silver Hill Hospital will facilitate a book discussion. In *How to Raise an Adult*, Julie Lythcott-Haims draws on research, on conversations with admissions officers, educators, and employers, and on her own insights as a mother and as a student dean to highlight the ways in which over-parenting harms children, their stressed-out parents, and society at large. Lythcott-Haims offers practical alternative strategies that underline the importance of allowing children to make their own mistakes and develop the resilience, resourcefulness, and inner determination necessary for success.

#### **2) Privileged and Pressured: Dr. Suniya Luthar Returns to Discuss Wilton’s Survey Results**

Monday, March 5 from 7-8:30pm (Snow date: March 6 at 10:45am) at Wilton High School’s Clune Center

Suniya Luthar, PhD, is a nationally recognized researcher, writing and speaking about the particular challenges faced by children of affluence across the country. In October 2016, when she presented to Wilton parents and concerned community members, there was an outpouring of interest in having her study students at Wilton High School. Because our district continues to seek a better understanding of factors that contribute to the well-being of its students, over 1,200 WHS students participated in a survey in November 2017.

Dr. Luthar will share her findings regarding our students’ life experiences in areas such as personal values, empathy and kindness, depression and anxiety, substance use, and relationships with family and friends. She will put those results into the context of national norms to help us understand our students’ current level of health and well-being. Don’t miss this unique opportunity to hear her speak in Wilton! Admission is free; registration is recommended at [WiltonSurveyResults.eventbrite.com](http://WiltonSurveyResults.eventbrite.com).

Program begins promptly at 7pm. Please allow extra time for parking. Please contact Genevieve Eason at [genevieve.Eason@gmail.com](mailto:genevieve.Eason@gmail.com) with questions.

Sponsored by Wilton Public Schools, Wilton Youth Council, Wilton Youth Services, Wilton High School PTSA

#### **3) Free Narcan Training**

Monday, March 12, 2018, 10am at Wilton Library.

Registration required, please register at [www.wiltonlibrary.org](http://www.wiltonlibrary.org) or 203-762-6334.

A coalition of local organizations is offering a free Narcan training session, to address the rising crisis of opioid use. Join us for a training session and demonstration on how to acquire and administer Narcan, the lifesaving drug that can be administered in the event of overdose. Participants will learn overdose prevention strategies, the signs and symptoms of overdose, and how to administer Narcan. Good Samaritan laws will also be covered, and additional information and resources will be available.

Sponsored by the Department of Mental Health and Addiction Services, Human Services Council, Wilton Library, Wilton Youth Council, and Wilton Youth Services.

**4) Managing the Impact and Influence of Digital Devices and Content: What to do, how to do it and why it's important.**

Tuesday, March 20 from 10-11:30am at Wilton Library, Please register at [www.wiltonlibrary.org](http://www.wiltonlibrary.org) or 203-762-6334.

Tuesday, March 20th from 7-8:30pm at Weston Library, 56 Norfield Road, Weston

Please register at [www.westonpubliclibrary.org](http://www.westonpubliclibrary.org), click on Calendar

Susan Bauerfeld, PhD, Licensed Clinical Psychologist & Chris Parrott, BPS Chartered Counseling Psychologist  
Join popular speakers Susan Bauerfeld and Chris Parrott to learn how to take a different approach based on an understanding of the science of how both devices and human relationships can influence behavior. The presentation will include practical, flexible and straightforward guidelines for teaching the skills needed to manage digital devices and content so children and parents can travel in and out of the Digital World with composure, mindfulness, resilience and good health. This presentation is appropriate for parents with children of all ages.

**Wilton Public School Workshop**

**How to Talk So Kids Will Listen and Listen So Kids Will Talk**

Due to Popular Demand - additional session added! (all other sessions full and wait list only)

Dates: April 23, 30, May 7, 14, 21, June 4th

Mondays at Comstock 10-11:30am

Wilton Public Schools are introducing a six-week workshop developed by the authors of the book by the same name, using lessons, role play and practice to help parents develop more effective skills for communicating with their children.

In this workshop, participants will learn how to:

- Engage your child's willing cooperation
- Deal with your child's negative feelings - frustration, disappointment, anger
- Express your anger without being hurtful
- Set firm limits and still maintain goodwill
- Use alternatives to punishment that promote self-discipline
- Encourage positive relationships between your children
- Resolve family conflicts peacefully

Funding and training for this new program was provided through a joint initiative of the Wilton Youth Council and Wilton Woman's Club that is taking aim at the opioid crisis by focusing on early prevention of the risk factors that lead to addiction later in life. Early prevention starts with fostering communication, connection and resilience in families and in the community. Registration and questions: Wilton Youth Services 203 834-624.

**Submit News to Hot Cider**

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***Content may be edited at the discretion of editors. In an effort to keep Hot Cider timely and concise, your article may be published only twice.***