

HOT CIDER

CIDER MILL PTA PUBLICATION – February 27, 2022

Cider Mill School is a Community of Learners, ALL committed to being the best we can be.

Important Dates

Feb 28	Day 1
Mar 03	BOE Meeting – 7:00 PM (WHS and Zoom)
Mar 04	Cider Mill Spirit Day! (Wear House Colors and crazy socks)
March 08	CM PTA Meeting (9.15 AM -10.15 AM) – Cafeteria
March 09	Shortened Day
March 24	BOE Meeting – 7.00 PM
April 01	Cider Mill Spirit Day! (Wear House Colors)
April 05	Cider Mill Winter Concert (North)
April 06	Cider Mill Winter Concert (South)
April 15	Good Friday (No School)
April 18-22	Spring Break (No School)

From The PTA President

Dear Cider Mill Parents and Guardians,

Hopefully everyone enjoyed a restful February break!

As we begin looking towards the next school year, we are in need of a PTA Co-President! If you are interested or would like more information, please reach out to Michelle Krupa at MichelleAKrupa@gmail.com, Amanda Patania at Amanda_Patania@yahoo.com, or Alex Frisbee at Alex.Frisbee.PTA@gmail.com.

Also please mark your calendar and consider joining us for our next PTA meeting on Tuesday, March 8th at 9:15 a.m.

As always, please feel free to contact me with any questions or issues at MichelleAKrupa@gmail.com.

WE NEED YOUR HELP!

The Cider Mill PTA is looking for a Co-President to work with our current President, Michelle Krupa, next year. It will be easy to learn the role while shadowing, and its half the workload compared to being on your own.

The benefits are numerous. You get an intimate knowledge of how the PTA and the school work; you can make decisions with your board regarding which activities the PTA funds to support the students and staff; you get personal meetings with the Principal and Superintendent to find out what is upcoming and to give input. Most importantly, you will have a real impact on the students and staff.

If you have questions, would like more information, or are ready to say yes to the role, please email CMNominating@gmail.com.

School News

Cider Mill Yearbook

Calling all 5th Grade parents - we need some of your photos for the **5th Grade Yearbook** to help make this as memorable as possible. We would love it if you could share with us some pictures of your 5th grader (even better if it also has a bunch of their Cider Mill friends in it)! Examples of specific event pictures we're looking for are:

- First Day of School

- Halloween
- Walkathon
- Wilton town team sports/scouts/band/theater.... or any events that happen around Wilton
- Any future Cider Mill events that are upcoming

Please send all photos to CMyearbookPTA@gmail.com

It would be extremely helpful if you include names of those in the picture, CM house and teacher (if possible). Also, if the images are from a cell-phone, please make sure to send as "actual size" to ensure the clarity of the photo is kept.

Thank you for your help!

Green Team Zero Waste

Inquiring minds want to know!

As our Green Team Zero Waste Schools Committee prepares for **Spring Zero Waste Week** in March, we'd like to learn more about household habits around food waste.

Please take a moment to fill out our anonymous survey. Access the survey here:

<https://forms.gle/i4GaDfPXM3RVEzZ66>

Thank you!

Reading Rocks!

Wilton Education Foundation (WEF) is excited to announce our **Annual Reading Rocks! Fundraiser**. All students in grades PreK-5 are invited to participate.

Pledge collection for Reading Rocks! is once again fully digital this year. Participants will create online campaign pages to share their reading goals with friends and family who wish to donate to support them. Please visit the following website to learn more about the program or to make an online pledge donation!

<https://wiltoneducationfoundation.org/events-programs/reading-rocks>.

If you have questions, please email Elizabeth Brown at eliz.wise@gmail.com, Caroline Hoffman at carolinehavlin@hotmail.com, or Sarah Rondeau at sarah.rondeau@gmail.com.

Important Dates

February 12 - 26: Reading Rocks! Reading Period

Wilton Special Education PTA

Like our [Facebook](#) page and visit our [website](#) to stay updated with the latest meetings, news, and information. In preparation for the upcoming PPT, annual meeting, and transition meeting season, we will be sharing planning and organizing tips with families on collaborating with school teams.

- We invite teachers to take advantage of our [gifts and grants](#) program.
- Membership, Board, Committee positions open- it's not too late to join!
- We are seeking interested parents to help on our Community and Family Events Committee, including help for our April 2022 Diversity and Inclusion Awareness and Be Kind Campaign.

RULER WEBINAR

RULER: Recognizing, Understanding, Labeling, Expressing, & Regulating Emotions

Webinar Recording Now Available!

Visit: <https://www.wiltonyouth.org/past-webinars>

In this webinar Wilton Public Schools staff educate parents about RULER, a program of evidence-based tools and social-emotional learning practices from the Yale Center for Emotional Intelligence. Teachers across the district have been trained in these practices and RULER tools are already being used with students in grades K-5 to help students recognize and regulate emotions. Implementation at the secondary level is in progress.

What is RULER?

RULER is an evidenced based approach to social and emotional learning (SEL) that supports the entire school community in:

- Understanding the value of emotions
- Building the skills of emotional intelligence
- Creating and maintaining a positive school climate

In this webinar, you will learn about the four core tools and how we can implement these tools at home:

- Building a family charter
- Mood Meter - emotion vocabulary
- Meta Moment for emotion regulation
- Blueprint for problem solving

Who are the presenters?

- Elena White, Miller-Driscoll School Counselor
- Jennifer Ringelheim, Cider Mill 3rd Grade Teacher, Co-Chair District SEL Committee

Find the recording, slides, and links to associated materials at Visit: <https://www.wiltonyouth.org/past-webinars>

SPIRIT WEAR

[Spiritwear | cidermillpta](#)

Wear your house color and support your PTA at the same time. House shirts are used for Spirit days, Walkathon, field days and more. Get one before they sell out!

Please remember to include your child's name and teacher at checkout. Shirts will be delivered to the classroom on a weekly basis.

BoxTops for Education

Help raise money for Cider Mill PTA simply by scanning your receipt on your phone.

3 easy steps to get started

1. Download the "Box Top\$ for Education" app on your phone.
2. Sign up using your email or Google or Facebook account.
3. Simply snap a photo of your receipt within 14 days of purchase.

Online shopping or Curbside Pick-up? Just forward your receipt to receipts@boxtops4education.com

Have a question? Please reach out to Allison Norful via email: anorful@gmail.com

ACCESS CIDER MILL HANDBOOK HERE

[CM School Handbook Quick Fact Sheet 2021-22.pdf](#)

Community News

WILTON YOUTH COUNCIL

Lenore Skenazy's upcoming presentation in Wilton, brought to you by the Wilton Public Schools and Wilton Youth Council Free Play Task Force.

Program details:

Lenore Skenazy
Anxious Parents, Anxious Kids and an Anxious (Semi-Famous) Mom Who Has Some Answers
Monday, March 7, 2022 @ 7:00 p.m.
The Clune Center @ Wilton High School
To register for this event, please visit: <https://lenoreskenazy.eventbrite.com>

Anxious Parents, Anxious Kids and an Anxious (Semi-Famous) Mom Who Has Some Answer :

Lenore Skenazy's long-awaited return to Wilton! The media labeled Lenore "America's Worst Mom" when she let her 9-year-old ride the subway alone. She wore the badge with pride and went on to found Free-Range Kids: the book, blog and movement dedicated to the fact our kids are STRONGER and SMARTER than our culture gives them credit for. Now she's the head of Let Grow, a non-profit making it easy and normal to give kids back some old-fashioned independence.

In this very funny talk Lenore addresses how we got so afraid for our kids -- not just their health, but everything: Their grades, their friends, their future, their snacks! Where does all this anxiety come from and what is it doing to our kids -- and us? And how has the pandemic affected everyone's sense of confidence and hope?

Lenore comes bearing good news, and will share the power of trust, as well as the easy, fast ways the Let Grow Project homework assignment can make us ALL breathe easier. Despite the serious message, expect a LOT of laughs along the way.

Lenore is not to be missed!

WOODCOCK NATURE CENTER - SUMMER CAMP

An unforgettable summer camp adventure awaits at Woodcock Nature Center! Have fun and make friends while exploring Woodcock's 150-acre preserve as experienced environmental educators teach conservation and awareness of our natural environment through animal encounters, nature crafts, hiking, kayaking on our pond, wilderness skills and so much more. Summer camp runs June 20 - August 19. PreK - Grade 8. *Nature is for everyone! Scholarships are available. * Woodcock is also hiring camp counselors! Visit www.woodcocknaturecenter.org for more information.

Lenore Eggleston Herbst (she/her/hers)
Executive Director
Woodcock Nature Center
(203) 762-7280
woodcocknaturecenter.org

WILTON HIGH SCHOOL CLUB: Team STEAM

Do you have a child who is interested in STEM and/or Arts?! Check this out from our very own Wilton HS Club called Team STEAM!

We (Team STEAM) are a group of Wilton high school students who want to help bring STEAM (STEM +Art) education to young kids (aged 6-10 years). In partnership with a local startup called 3DuxDesign, our program will teach little engineers the basics of the engineering design process in a fun, creative, and hands-on manner! The program is free, and the other is a \$20 cost which includes an engineering kit. We also accept donations of \$20 which will go to fund a kit and 4 classes for an underprivileged child who cannot afford to pay.

(Note: All payments go towards purchasing kits for children and all high schoolers participating are volunteers)

Team STEAM's mission is to work with young minds and cultivate their passion for engineering and artistic thinking.

* To Sign Up: <https://forms.gle/MB1h3GRmcGMX13z18>

*To Buy a Kit: https://www.3duxdesign.com/products/steam-club-maker-kit?fbclid=IwAR1xAfwH14JEz9UwjsF03MbPnrFyawOK9X9sLwAe1YpB_goRqiYHfTluYis.

Please contact Keerthi Vijay at 23vijayk@wiltonps.org with any questions!

IMPROVE YOUR ACADEMICS

All Cider Mill students can receive tutoring at no cost. All tutors are fellow Wilton High School students. Please fill out this form if you need help in any subject: <https://forms.gle/AANcPbVgE878zpNs8>

For more information, please visit <https://youracademics.org/>

NAMI-CAN WILTON

The COVID pandemic has caused unprecedented stress in our society and many children's behaviors have been triggered as a result. What was manageable pre-Covid is now out of control. Find support for you, as you support your child who is struggling.

The **National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN)** is a Support Group for parents of children with behavioral, emotional, and mental health issues. The meeting is free, confidential, safe, and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently.

Our meetings are held virtually over zoom and for security, you must contact Beth or Vanessa for the password. For more information contact: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa at 203-970-4130 or eliasvanessa5@gmail.com

Submit News to Hot Cider

Anu Suri at anusuri2022@gmail.com

Melissa Reynolds at giddingsmelissa@hotmail.com

Deadline for submission for the next issue of Hot Cider is March 09, 2022.
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Content may be edited at the discretion of editors. In an effort to keep Hot Cider timely and concise, your article may be published only twice.