# HOT CIDER

# CIDER MILL PTA PUBLICATION - September 16, 2018

Cider Mill School is a Community of Learners, ALL committed to being the best we can be.

# **Important Dates**

Sept 20	Day 1 Open House North (Cannondale/Nod Hill), 6-6:45pm, Classrooms NO SCHOOL (Yom Kippur) Odyssey of the Mind Parent Meeting, 9:15-10:15am, Cafeteria (same as evening meeting) Let Grow Presentation, 6-7pm, Miller Driscoll School Multi-Purpose Room
Sept 20 Sept 26	Odyssey of the Mind Parent Meeting, 8-9pm, Cafeteria (same as morning meeting) Photo Day
Oct 2 Oct 3 Oct 4	CM Literacy & Math Workshop, 6:30-7:30pm, Cafeteria (Same as morning session on 10/3) CM Literacy & Math Workshop, 9:15-10:15am, Cafeteria (Same as evening session on 10/2) CM Walkathon
Oct 8 Oct 9 Oct 31	NO SCHOOL (Columbus Day/Professional Learning Day) CM PTA Meeting, 9:15-10:30am, Cafeteria Halloween Parades, 8:45-10am, Bus Loop, Details to Follow

# **Important Phone Numbers**

Cider Mill Main Office: 203-762-3351

Report an Absence: 203-834-4950 or fallonk@wiltonps.org

Bus Transportation: 203-762-3381 Chartwells: 203-834-4990 x5221

# **From The PTA Presidents**

Dear Parents, Guardians and Caregivers,

We hope everyone has had an easy transition back into school and the first weeks of craziness.

Our annual Walk-a-thon is fast approaching on October 4th, and this year it's going to be a little different, it's "in color". More details are below, but don't forget to get your donations in soon for the free t-shirt. This is our biggest fundraiser of the year and all donations go back into enriching your children's school experience. Fun Nights, Enrichment programs, Field Days, teacher grants for the classrooms, school grants like the new garden, the list goes on... There are no cookie sales - this is the big one!

If you haven't already, please join the PTA, no volunteering required but you get access to the MobileArq online directory and are able to vote at monthly meetings. The next meeting is Tuesday, October 9th, 9:15am in the Cider Mill cafeteria. We had a fantastic turnout for our first meeting and would love just as many, if not more for the second. Great questions were asked about Purposeful Play and the new volunteer background checks.

If you are thinking of volunteering this year for field trips, River Study or other positions outlined in the email sent regarding background checks, we'd suggest getting it done ASAP so as not to be disappointed.

As always please reach out to us with comments, suggestions or questions. We'd love to hear from you.

Thank you for everything you do.

Amanda Patania & Carolyn Lyon Cider Mill PTA Co-Presidents

#### **School News**

# **Odyssey of the Mind Parent Meeting - Thursday September 20th**

We are holding a parent meeting at 9:15am and again at 8:00pm in the Cider Mill Cafeteria, to explain the concept and specifics of the Odyssey of the Mind competition. This is the 4th year for Cider Mill to be participating and we always have kids who have loved participating in this creative activity. Odyssey asks the kids to think of different ways to think about problems and then to solve them.

This meeting will explain to parents what is involved with all aspects of this unique program and have to opportunity to ask questions and talk to veteran coaches about their experiences.

Check out the website here <a href="http://ctom.org/">http://ctom.org/</a> or email Nicholas Prior for more information <a href="nick@nicholasprior.com">nick@nicholasprior.com</a>.

#### Cider Mill's Annual Walk-A-Thon ~ October 4th!

Mark your calendars! Cider Mill's Annual Walk-a-thon is on October 4th, and this year, we're adding a little color! By that we mean that this will be our first color walk. All children can participate in the Walk-a-thon and then there will be an optional 5th lap for children who'd like to walk through the color powder. Our aim is NOT to drench them in powder, but to brighten them up. If you didn't get the Walk-a-thon t-shirt, feel free to send in an old (preferably white or light color) t-shirt to join the fun. The powder is washable, but would recommend not sending in favorite clothes, just in case. They will they be able to take off their shirts before getting on the bus as we are switching this to an after lunch event.

Our goal is to raise \$25,000 which directly supports our teachers, classrooms and students. It's all online this year, a quick form and click of the button, simple! The house with the most participation wins a night free of homework, a prize that works for kids and parents!

Register below by September 21st for a free Walkathon T-shirt to be colored at the event!

Click on the link to donate and register for your t-shirt. Thanks so much for your support!

https://docs.google.com/forms/d/e/1FAIpQLSdMwSy9ZdePuvP5-bDxFacDANghxvhYoW5jlC6KK8YiWo4WDg/viewform?c=0&w=1

Any questions? Email Shannon MacDonald shannonwmacdonald@gmail.com.

## Join the PTA ~ We Need Your Support!

Join the PTA and gain access to our Mobile Directory! Get instant access when you join – no waiting, easy updates to address or phone number changes throughout the year! Join here, and use the code - 'wilton' <a href="https://mobilearg.com/schooldirectory/school\_directory\_parent\_register.html">https://mobilearg.com/schooldirectory/school\_directory\_parent\_register.html</a>

Parents please update your profiles to include email and cell phone numbers! One easy spot to register for all your kids' PTAs and make a donation at the same time! Questions? Email our Directory Chair Jennifer Wulff jen@presto.org

(Please add <a href="mailto:support@mobilearq.com">support@mobilearq.com</a> to your address book to ensure delivery of the confirmation email with

temporary auto-login link.)

# PTA Committee Chairs Needed ~ We Need You!

The PTA is still in need of chairs for the important Committees listed below.

Book Fair Chairs (desperately needed) - We need one or two more Book Fair chairs for the Fall/Spring events. Do you like reading? Does your child like reading? Grab some friends and come help out so these events can run.

Nominating - Most of the work has been done for this school year. Easy position to complete from home.

3rd Grade Great Books - This is a lunchtime reading group, we need a 3rd Grade parent to help organize volunteers and take part in this program.

Turnover Shop - They donate a huge amount of money to your school's PTA (last year \$45,000). The commitment is only 3 1/2 hours, once a month.

Please contact Amanda Patania, <u>amanda\_patania@yahoo.com</u> or Carolyn Lyon, <u>carolynlyon@optonline.net</u> if interested in any of these positions.

## **Cider Mill Library Learning Commons Volunteers**

For returning volunteers: Please look for an email the first two weeks of the school year with information regarding training and schedule sign up.

For new volunteers: The Library Learning Commons is a school-year long commitment with weekly or bi-monthly shifts during school hours. Volunteers are necessary to keep the library running smoothly throughout the day, as we are responsible for checking out books, checking in books, shelving and other special projects throughout the year.

Interested in volunteering for Cider Mill Library Learning Commons? Please email Jen Fila at <a href="mailto:jennfila5@gmail.com">jennfila5@gmail.com</a> or Jackie Couch at <a href="mailto:jennfila5@gmail.com">jennfila5@gmail.com</a> for more information.

#### **Cider Mill School Store**

We are looking for parent volunteers to work in the Cider Mill School Store! The School Store is open during lunch on Mondays, Wednesdays, and Fridays. If you're interested in helping out, please email <a href="mailto:CiderMillSchoolStore@gmail.com">CiderMillSchoolStore@gmail.com</a> to get onto our email volunteer list and to find out how to sign up for shifts throughout the school year!

## **Get Your CM Spiritwear**

Spirit Wear (also known as House shirts) will be sold at Open House night on September 17th. Starting September 18th, you can purchase Spirit Wear at any time throughout the year on the Cider Mill PTA site: cidermillpta.org

Your order will be delivered to your student's class within two days.

#### Find Us on Facebook!

The PTA has a group on Facebook called Cider Mill Parent Community. It is a place where the PTA can communicate to parents, and also where parents can communicate with one another. Please check it out by clicking here: <u>Cider Mill Parent Community</u>

# **Stop and Shop Rewards Program**

CIDER MILL SCHOOL – (**ID#: 40341**) has the opportunity to participate and earn CASH from A+ School Rewards, a great fundraising program run through our local Stop & Shop!

#### To participate:

Visit <a href="http://www.stopandshop.com/aplus">http://www.stopandshop.com/aplus</a> and scroll down to the center of the page to select <a href="https://www.stopandshop.com/aplus">REGISTER YOUR CARD</a> from the red box on the right marked <a href="font-size: FOR CUSTOMERS">FOR CUSTOMERS</a>

## To earn points:

- Use your registered Stop & Shop Card each time you shop at Stop & Shop, and you will earn CASH for our school. You can track the number of points you are earning for our school by checking your grocery receipt.
- At the end of each month, your points are calculated and converted to CASH rewards for our school. These CASH rewards are updated monthly on the Giant A+ website beginning in November.
- After the last day of the 2018 program, these same conversions are performed and the final school account total is posted.
- Our school will receive one CASH awards check at the end of the program and can use this cash for any of our educational needs.

#### Zero Waste at Cider Mill ~ Parent Volunteers Needed and New Stations in Cafeteria

The Zero Waste Committee has worked this summer to further reduce waste at school.

All schools now have the following stations in their cafeterias: 1) Liquid Dumping Stations; 2) Food Donations (sealed containers and some fruit); 3) Recycling; 4) Compost; and 5) Waste. In addition to teaching kids how to separate their trash at school and at home (here are some tips on how to pack a Waste-Free Lunch), we'll encourage students to adopt eco-friendly habits including:

**YES**: Use reusable containers, bags, silverware, and ice packs; Bulk snacks to sort into reusable containers; Pack realistic portions; Take home any uneaten food (or donate or compost!)

**NO**: Avoid disposable paper or plastic bags; Individually-packaged snacks; Non-reusable food wrap; Disposable ice packs, utensils, or drink containers (juice boxes or pouches); Plastic straws.

**Parent Volunteers Needed!!!** We're looking for some volunteers to help out in the cafeteria during the first few weeks of school as our new students learn all about composting and recycling. Please sign up here: <u>Volunteer Signups</u>

For more information or to help out, contact the Cider Mill Zero Waste Committee: Elizabeth McKay - <a href="mailto:ewmckay@gmail.com">ewmckay@gmail.com</a> Nicole Northway - <a href="mailto:nicole.northway3@gmail.com">nicole.northway3@gmail.com</a> Laura Rowley - <a href="mailto:rowleylg@gmail.com">rowleylg@gmail.com</a>

## Lost and Found ~ Bus Depot

Please visit <a href="http://wiltonslostproperty.blogspot.com/">http://wiltonslostproperty.blogspot.com/</a> to view lost property found on the school buses.

#### Lost and Found ~ Cider Mill

There are two L&F locations in Cider Mill. One is at the doorway where you go to the playground, on the high school side (Cannondale). The other is by the front door on the far side of the bus loop (Kent). You or your child can check these locations for lost items. At the end of each season, the unclaimed items are donated to the Turnover Shop with proceeds going to the Cider Mill PTA. Contact Amanda Mitchell with questions, at <a href="mailto:amandaNmitchell@gmail.com">amandaNmitchell@gmail.com</a>.

#### **Box Tops**

Collect box tops to help Cider Mill raise money! Be sure to collect your box tops and submit them to your class teacher. Visit <a href="http://www.boxtops4education.com/">http://www.boxtops4education.com/</a> to learn more about the program. Contact Box Top Chair, Heather Mroz at <a href="heathermm@optonline.net">heathermm@optonline.net</a> if you have any questions.

#### **PTA School Supply Sales**

Once again the Cider Mill PTA ran a successful School Supply Kit campaign! Over 550 kits were ordered and delivered to classrooms! We were also able to fulfill our mission to help those in need locally by donating kits to all students in the program. A huge thank you to Amanda Patania, Beth Anne McMahon, Nicole Northway, Amanda Van Heyst, Jodie Francis, Michelle Krupa, Jackie Couch and all of their kids for tackling the task of sorting and distributing all kits!

## How to Talk So Kids Will Listen And Listen So Kids Will Talk

Wilton Public Schools is again running a six-week workshop called "How to Talk So Kids Will Listen and Listen So Kids Will Talk." The program, developed by the authors of the book by the same name, uses lessons, role-play, and practice to help parents develop more effective skills for communicating with their children.

In this workshop, participants will learn how to:

- Engage your child's willing cooperation
- Deal with your child's negative feelings frustration, disappointment, anger
- Express your anger without being hurtful
- Set firm limits and still maintain goodwill
- Use alternatives to punishment that promote self-discipline
- Encourage positive relationships between your children
- Resolve family conflicts peacefully

There are 3 sessions in the fall. To register, please call Wilton Youth Services at (203) 834-6241. TIME & LOCATION: 10:00 -11:30 AM at Comstock Community Center

Session 1 – Tuesdays (Please note for Pre K - Grade 2 parents only) Facilitated by: Jim Martin, Elena White Sept 25, Oct 2, 9, 16, 23, 30

Session 2 - Thursdays Facilitated by: Nicole Mok, Bonnie Schnitzler Sept 27, Oct 4, 11, 18, 25, Nov 1

Session 3 – Mondays Facilitated by: Kim Zemo, Kathy Weiss Oct 15, 22, 29, Nov 5, 12, 19

This enormously successful program was introduced last year with funding provided through a joint initiative of the Wilton Woman's Club and Wilton Youth Council.

If you have questions about the workshop, please contact Kim Zemo at zemok@wiltonps.org

Children Do Well When They Can: Identifying & Collaboratively Solving the Problems That Cause Challenging Behavior ~ October 8th

Mon., Oct. 8, 2018 at 5:00 – 7:00 p.m. at Wilton High School's Clune Center

Admission is free; registration is recommended at RossGreeneWilton.eventbrite.com

Parent presentation by Ross W. Greene, Ph.D., Author of The Explosive Child; Lost at School; and Raising Human Beings

Children do well when they can; when they can't, it is because of lagging skills and unsolved problems. Whether a child responds by whining, sulking, or crying, or in ways that are more concerning - hitting, swearing, or biting - the goal of parents and caregivers is to identify and solve the underlying problems that cause the behavior. Join us to learn from child psychologist Ross W. Greene, Ph.D., how to understand children's challenging episodes, identify unsolved problems and begin to solve problems. Dr. Greene is the originator of the innovative, empirically-supported approach to children's behavioral challenges known as Collaborative & Proactive Solutions.

In the 2018-2019 school year, the Wilton Public Schools will be learning more about Dr. Greene's model. The district has worked with Dr. Greene to create a plan to help teachers, faculty, administration, staff, and parents learn how to help students with effective self-regulation and problem-solving strategies. This will begin with keynote addresses for elementary, middle and high school faculty on October 8, which is a professional development day for district staff. In addition to working with faculty, Dr. Greene will also present to parents and other concerned adults to share this model with our community.

Please contact Genevieve Eason at <a href="mailto:genevieve.eason@gmail.com">genevieve.eason@gmail.com</a> with questions.

Sponsored by: Wilton Public Schools, SPED\*NET Wilton, Wilton Youth Council, and Wilton Youth Services

# **Community News**

# Wilton Little League ~ Challenger Division Team

Wilton Little League is excited to announce the formation of a Challenger Division Little League team. For those who are not aware, the Challenger Division is designed for player's with physical and intellectual challenges.

Any boy or girl (ages 5 to 18) with a physical or intellectual challenge may participate. Do you know someone who might enjoy a few Saturday afternoons of playing baseball? We would love to have them. Registration can be completed here <a href="http://assn.la/Reg/?r=4:142290">http://assn.la/Reg/?r=4:142290</a>.

## Wilton Youth Council (WYC)

WYC promotes and protects the social, emotional and mental well-being of Wilton's students by educating and empowering youth, parents and the community. Find us on FB or visit <u>wiltonyouth.org</u> for more information and to sign up for our monthly newsletter.

Click here for an overview of this year's events!

Looking to Get Involved?

Wilton Youth Council needs you! We have many programs running and this is a great time to get involved! Questions? Email Vanessa Elias at <a href="mailto:eliasvanessa5@gmail.com">eliasvanessa5@gmail.com</a>. Interested in volunteering? Email Courtney Boucher at <a href="mailto:courtney.v.boucher@gmail.com">courtney.v.boucher@gmail.com</a>.

#### **NAMI - CAN**

School is back in session and for many children, so is the academic and social stress that can cause behavioral changes. The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a Support Group for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained volunteer facilitators who themselves have had personal experiences raising children with these concerns. Our meetings are a place to speak freely and be understood without embarrassment or the fear of being judged or treated differently. Parents come from Redding, Weston, Westport, Wilton and towns in the surrounding area.

Our next meetings are Mondays September 17th and October 22nd, from 10-11:30, G&B Cultural Center, 49 New Street, Wilton. Information: Beth at 203-984-0123 or <a href="mailto:beth44es@gmail.com">beth44es@gmail.com</a> OR Vanessa at 203 970-4130 or <a href="mailto:eliasvanessa5@gmail.com">eliasvanessa5@gmail.com</a>

# **Submit News to Hot Cider**

## Co-Editors -

Clarissa Cannavino at <a href="mailto:clarissacannavino@yahoo.com">clarissacannavino@yahoo.com</a>
Ritu Malik at <a href="mailto:cm">cm</a> cannavino@yahoo.com

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Content may be edited at the discretion of editors. In an effort to keep Hot Cider timely and concise, your article may be published only twice.